



HEART WALK 5K

Lady Bird Lake Hike & Bike Trail

2101 Veterans Drive Austin, TX 78701

Loop Route

Lady Bird Lake Hike & Bike Route

- Start in the parking lot under Mopac/near Austin High School and cross Veterans Drive to get on the Hike and Bike Trail.
- Take the trail east.
- Continue east bound on the trail until you come to the Pedestrian bridge - you can take the roundabout ramp or the stairs up.
- Cross over the bridge to the opposite side of the lake and loop back down onto the trail heading back west.
- Follow the trail until you approach the bridge on your right.
- Cross the bridge and take a right to continue on the hike and bike trail back towards the start/finish.
- Cross the pedestrian bridge under Mopac to get to the finish/parking area.
- Cross over the bridge to the opposite side of the lake and loop back down onto the trail heading back west.