



American Heart Association.
Heart Walk.®

Volunteers Needed

Help us create a healthier world,
free of heart disease and stroke.



We need help with:

Village Area Set Up -

Saturday, Oct 21st | 7:00 - 9:00 a.m.

*Volunteers who want to walk

Manning Tents/Stations

Saturday, Oct 21st | 7:30 - 11:00 a.m.

*Volunteers who are not a team walker

Ex: Kids' activities, face paint, tie dye,
various tents, advocacy, dog jog, cooking
area, survivor's memorial area, etc.

Set- Up, and Clean-Up

Friday, Oct 20th and Saturday, Oct 21st

*Volunteers who want to walk

SIGN-UP TODAY!

Sign Up here:

<https://form.jotform.com/232335530657152>



VOLUNTEER PERKS

- Snacks
- Friendships
- Volunteer T-shirt
- That warm fuzzy feeling
as you help save lives

The American Heart Association runs on volunteer power! We could use some extra hands leading up to and on the day of the event. Whatever your skills and interests are, we have an opportunity that's right for you. We can't thank you enough!

ABOUT THE EVENT

Saturday, October 21, 2023

8 a.m. to Noon

MARYLAND STATE FAIRGROUNDS

Timonium, MD

COLLEEN.KILCHENSTEIN@HEART.ORG

GreaterMarylandHeartWalk.org