



American Heart Association®
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

PARTICIPANT GUIDE

SATURDAY
AUGUST 19

Community Festival:

8:00 AM

Opening Ceremony:

9:15 AM

MCFERSON
COMMONS
PARK

213 West Street
Columbus, Ohio



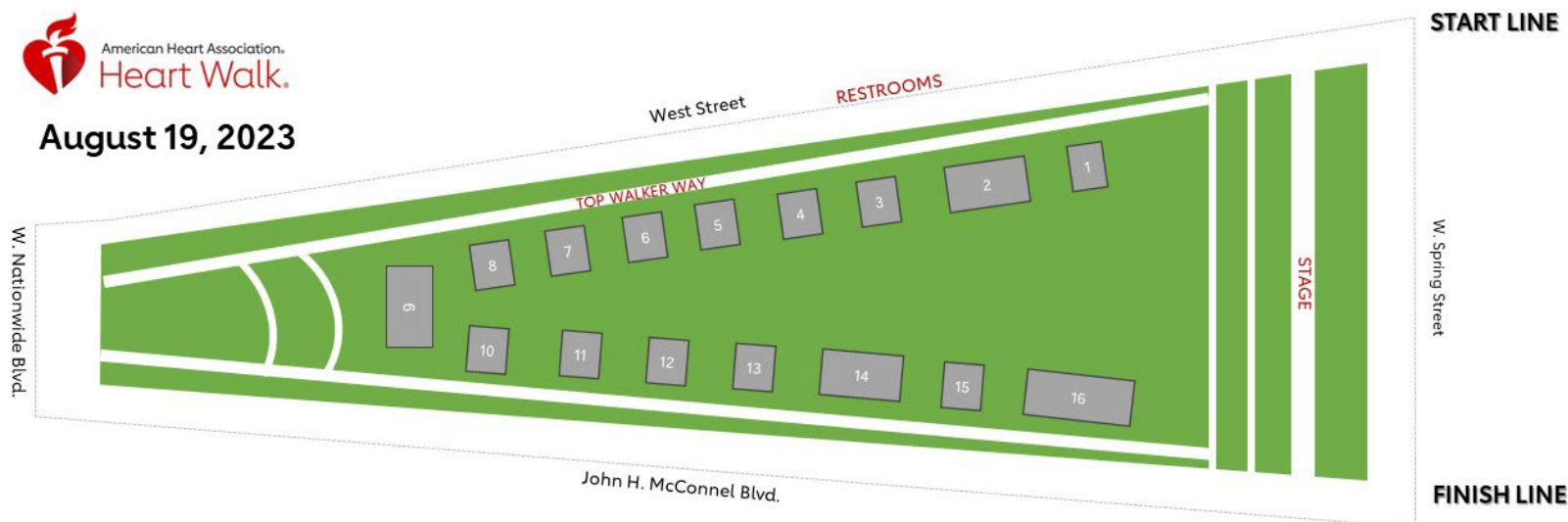
American Heart Association®
Heart Walk®

2023 CENTRAL OHIO HEART WALK FESTIVAL MAP



American Heart Association®
Heart Walk®

August 19, 2023



HEART WALK FESTIVAL MAP

1. Heart & Stroke Survivor Celebration Tent
2. Memorial Wall with Cardinal Health
3. Healthy Selfie Station with ScottsMiracle-Gro
4. Hydration Station with Mount Carmel Health System
5. Eat Smart with Hexion Inc.
6. Yard Games with Deloitte Consulting LLP

7. Doggie Den with Greif
8. Kids Zone with Nationwide Children's Hospital
9. American Heart Association
10. Blood Pressure Screening with AEP Ohio
11. Give Gratitude with avaap
12. OhioHealth

13. Warm-up with Orangetheory Fitness
14. VIP & Top Walker Experience
15. Community Teams with 92.3 WCOL
16. Hands-Only CPR and AED Demonstration with The Ohio State University Wexner Medical Center

**I WALK
TO SAVE LIVES.**



American Heart Association®
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

ROUTE MAP



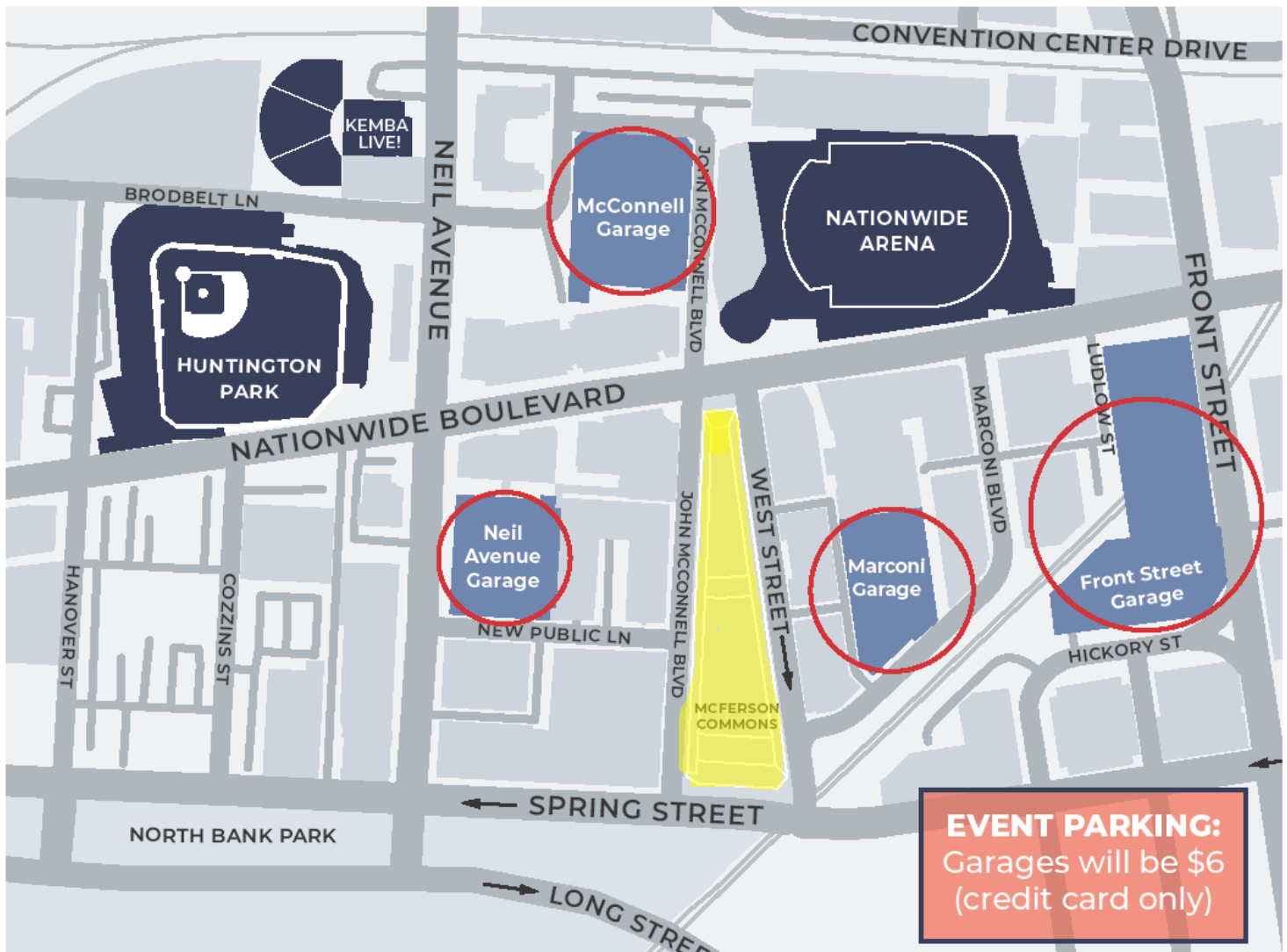


American Heart Association.
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

PARKING OPTIONS





American Heart Association®
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

COMPANY PHOTOS TIMELINE

Location 1: Main Stage

Left side of stage (left side looking at the stage)

8:15 am- Greif

8:20 am- ScottsMiracle-Gro

8:25 am- Mount Carmel Health System

8:30 am- The Ohio State University

8:35 am- Battelle

8:40 am- Cardinal Health

8:45 am- ODW Logistics

8:50 am- Hexion Inc.

8:55 am- OhioHealth

Location 2: Steps Near Arch at North End of Park

8:10 am- Giant Eagle, Google, Moody Nolan

8:20 am- Huntington Bank, Loeb Electric, Columbia Gas/NiSource

8:30 am- Vaco, Messer Construction, KPMG, avaap

8:40 am- AEP Ohio, Accenture, Orange Theory Fitness

8:50 am- CTL, Deloitte, labcorp, Community Teams

9:00 am- Big Lots, CVS, JP Morgan, Nationwide Children's Hospital



American Heart Association®
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

DAY OF EVENT DETAILS

WHAT TO EXPECT:

Make sure to check out some of our festival area before you walk!

- **Memorial Wall.** A symbol of the Heart Walk. Make sure to stop by, grab a sharpie and tell us why you are walking!
- **VIP Tent.** Our VIP tent is for walkers who fundraised at \$1,000 and above. Come celebrate your efforts! Collect your Top Walker medal, take your picture with our special backdrop and find your sign at Top Walker Way.
- **Survivor Tent.** We recognize our Heart survivors with a red hat, our Stroke survivors with a white hat and our child survivors with a red hero cape! We will also have tribute stickers so your loved ones can tell everyone why they walk.
- **Kids Zone.** There will be games and activities for kids before the walk begins.

FAQ:

- Do I have to check in upon arrival? **Nope! The festival and walk is open to the public.**
- Do we provide t-shirts? **If you register for the walk and fundraise at least \$100, you can redeem a t-shirt through your fundraising page on the Heart Walk website.**
- Are dogs allowed? **Absolutely, we even have a doggie den where your furry friend can grab a treat and drink of water.**
- Are children permitted to attend and walk? **Yes! This is a family friendly event; strollers are also allowed.**
- Will the event still happen if it's raining? **Yes, we will walk rain or shine!**



American Heart Association®
Heart Walk®

2023 CENTRAL OHIO

HEART WALK

I WALK TO SAVE LIVES. **SO CAN YOU.**

Live Fierce Central Ohio sponsor



**THE OHIO STATE
UNIVERSITY**

WEXNER MEDICAL CENTER

Local Life is Why sponsor



CardinalHealth

Presenting sponsor

BATTELLE

Signature sponsor

ScottsMiracleGro

Heart Hero sponsors



Local sponsors

AEP Ohio | Avaap | Deloitte | Nationwide Children's Hospital | OhioHealth

Media sponsors

