



American Heart Association®
Heart Walk®

1.

Register at
DubuqueAreaHeartWalk.org

2.

Self-Donate
to get your
fund-raising moving!

3.

Invite Others
to join your team

4.

Share your WHY
Customize
your Heart Walk page

5.

Find Your Best Tools
Letters, e-mails, texts, tweets
– whatever works for you –
to ask for donations for the
mission of the American
Heart Association

7.

Decide
how you wish
to celebrate with us

8.

Celebrate Your Impact!
You ignited your passion
lighting the way for
healthier communities
and happier families!
THANK YOU!

6.

Get Connected
Share on Social Media
with #DbqHeartWalk

*It takes only a minute to start
a Facebook Fundraiser from
DubuqueAreaHeartWalk.org*

