



FREQUENTLY ASKED QUESTIONS

Registration

Will the 2023 Lawyers Have Heart be in-person?

Yes, the 2023 Lawyers Have Heart 5K & Summer Celebration will be held in person on Thursday, June 1, at Flynn Cruiseport Boston (1 Black Falcon Ave, Boston, MA 02210).

Do I still need to register for the event?

YES! As a registered participant you will gain access to a full suite of event resources, but more importantly, you will be contributing to the American Heart Association's mission of being a relentless force for a world of longer, healthier lives.

What is the cost for registering for the race and when do prices increase?

The registration fee schedule is below. All registration levels include a Lawyers Have Heart medal.



Early Bird Registration (Available through March 23)	\$55
Standard Registration (March 24- May 1)	\$65
Last Call Registration (May 2- May 31)	\$75
Day of Registration	\$80
Summer Celebration Only	\$40
Virtual Registration	Free

Virtual participants signing up for the "Virtual Only Registration" option will be mailed their race medal directly to your address of choice. Please make sure to include the address you would like your materials to be mailed to when registering.



How does my registration fee make an impact?

Your registration goes toward funding our lifesaving mission which is more important now than ever, as we work to keep our communities healthy. Your contribution is critical as we fund research and health initiatives in our community.

Can I still get my event T-shirt, race bib and medal?

Participants registered for the in-person event will receive their race bib during packet pickup taking place during race week. More details coming soon! Race medals will be received when you cross the finish line on race day. Race T-shirts will be available to anyone who participates.

Participants registered for the virtual event can print their race bib online (link will be sent out closer to race day).

I registered for the race but can no longer attend. Can I get a refund?

Unfortunately, refunds cannot be offered. The Lawyers Have Heart 5K will be both in person and digital pending public health guidance at the time of the race, so if you cannot attend in person, you will still be able to run where you are!



Donations

Online, I can only donate \$25 or more. Why? And where can I make a smaller one?
The AHA appreciates any size donation. Online donations are required to be \$25 or more to offset the cost of processing.

We are happy to take smaller donations in the form of cash or checks. Those can be mailed/ made payable to:

*American Heart
Association ATTN:
Lawyers Have Heart
300 Fifth Ave, Suite 6
Waltham, MA 02451*

Are registration costs for the race tax deductible?

No. Registration costs cover goods and services for the race. The fair market value is equal to the cost of registration; therefore, they are not tax deductible. Any donation made above the cost of registration is 100% tax deductible. Please consult your tax professional for further information.

Do I have to fundraise to participate in LHH?

No, you do not have to fundraise to participate. During the registration process, a \$250 fundraising goal is associated with each person. That goal is not required, but highly encouraged. All proceeds go directly to the American Heart Association and you will be helping us support our mission; to be a relentless force for a world of longer, healthier lives.



Coupon Codes

What's a "coupon code"?

Coupon codes are an arrangement for a firm/company to cover their employee's registration for the race. If your company is interested in providing a coupon code for its employees, contact Alex Dean at alexandria.dean@heart.org.

When will I receive an invoice for the registration associated with the coupon code?

NEW procedure - Team captains will receive an invoice for their team registration codes twice. The first invoice will be sent out on May 3rd for current registrations and the second invoice will be sent the week of June 5, 2023. If firms and companies do not pay these invoices, the following year this option will no longer be available to those firms and companies moving forward.

Payment for first round of May invoices will be due by May 19, 2023.

Payment for second round of June invoices will be due by June 20, 2023.

Payments can be made [here](#). Please include the name of your company under "Middle Name". You can also make payment via a wire transfer. Please contact AHA staff for more information about this process.

Interested in sponsoring the 2023 Lawyers Have Heart 5K & Summer Celebration?

If you are interested in your company sponsoring the event, contact Development Director, Nancy Gottesman at Nancy.gottesman@heart.org for more information!



RACE MORNING

If needed, how will I receive event information on race day (ex. Emergency and Weather plans)?

Event announcements will be made on our website and via email. Please ensure you have opted in to receive our email communications. If you have removed yourself from distribution, you will not receive important race announcements. Contact race staff to confirm.

What time should I arrive at the race?

Doors will open at 5:00 PM. Runners and walkers will need to be lined up by 6:45 PM. We suggest that you allow yourself enough time to find parking and lineup at the start line.

Will there be water?

There will be water stations available on the route and supplied at the event site.

Parking

Where can I park on event day, June 1, 2023?

Nearby Parking Garages:

Boston Design Center
11 Drydock Avenue,
Boston, MA 02201

Flynn Black Falcon
492 Summer Street,
Boston, MA, 02201

If I do choose to take Uber, Lyft or other ride share, what address should I use?

We encourage your ride share to drop you off at 88 Black Falcon Ave. Boston, MA 02210. This will get you as close as possible to the event. Follow LHH signage to make your way to the entrance.

Facebook: @AmericanHeartMA | Twitter: @AmericanHeartMA | Instagram: @AmericanHeartMA Other Questions? Please reach out to alexandria.dean@heart.org