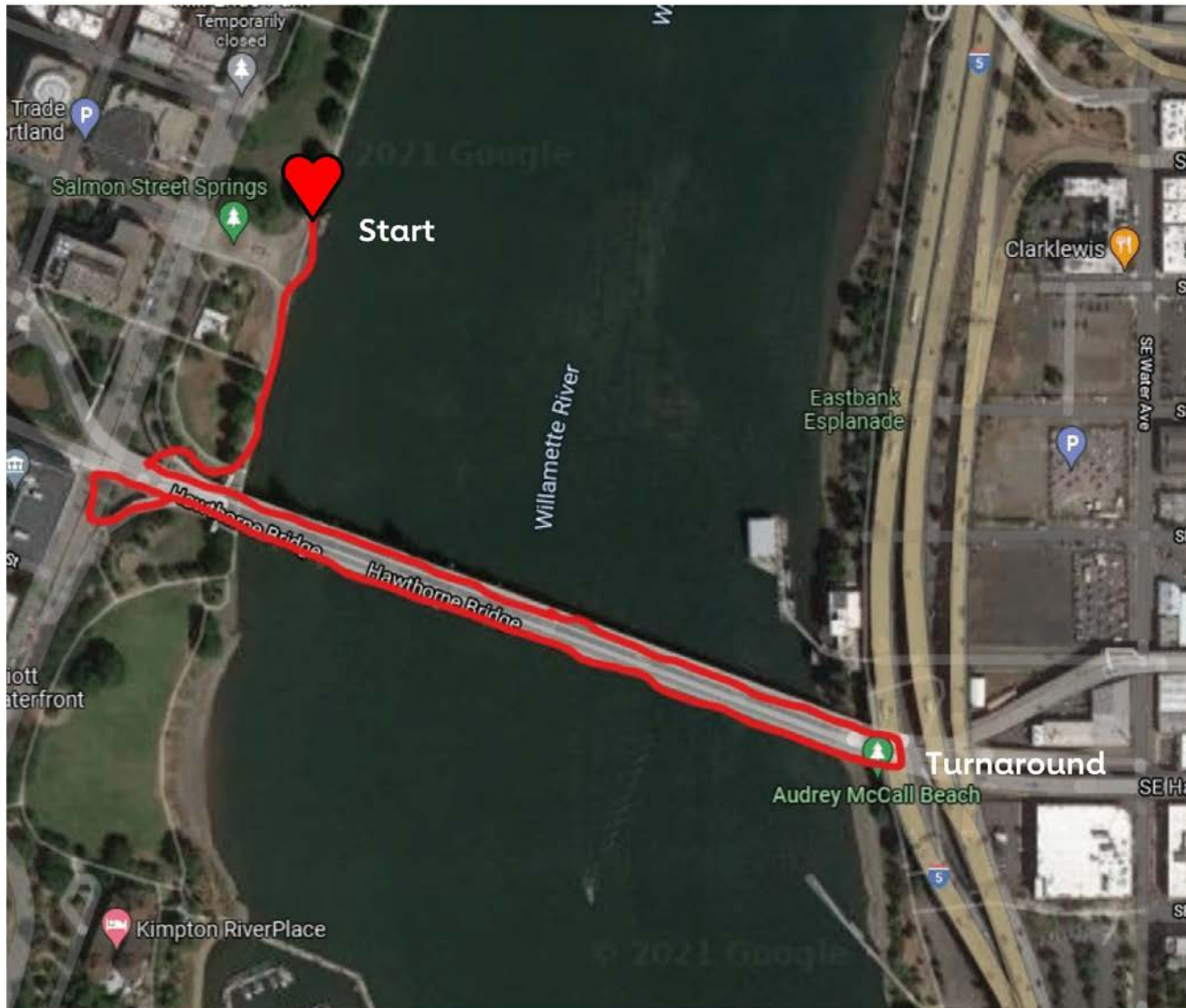




American Heart Association®

Heart and Stroke Walk™



**1 Mile Route**

# Route Directions- 1 mile

- Start at Salmon Street Springs Fountain
- Exit the park towards the water and turn right onto the Waterfront Park Trail
- Follow the Waterfront Park Trail under the bridge
- Turn right to follow the ramp up onto SE Hawthorne Blvd
- Cross the Hawthorne Bridge
- Turn right to exit the bridge
- Turn right onto Willamette Greenway
- Go under the bridge and turn left onto the ramp up to SE Hawthorne Blvd
- Cross the Hawthorne Bridge
- Follow the path to the left to exit the bridge
- Turn left onto Waterfront Park Trail
- Head straight on the Waterfront Park Trail
- Finish at the Salmon Street Springs Fountain