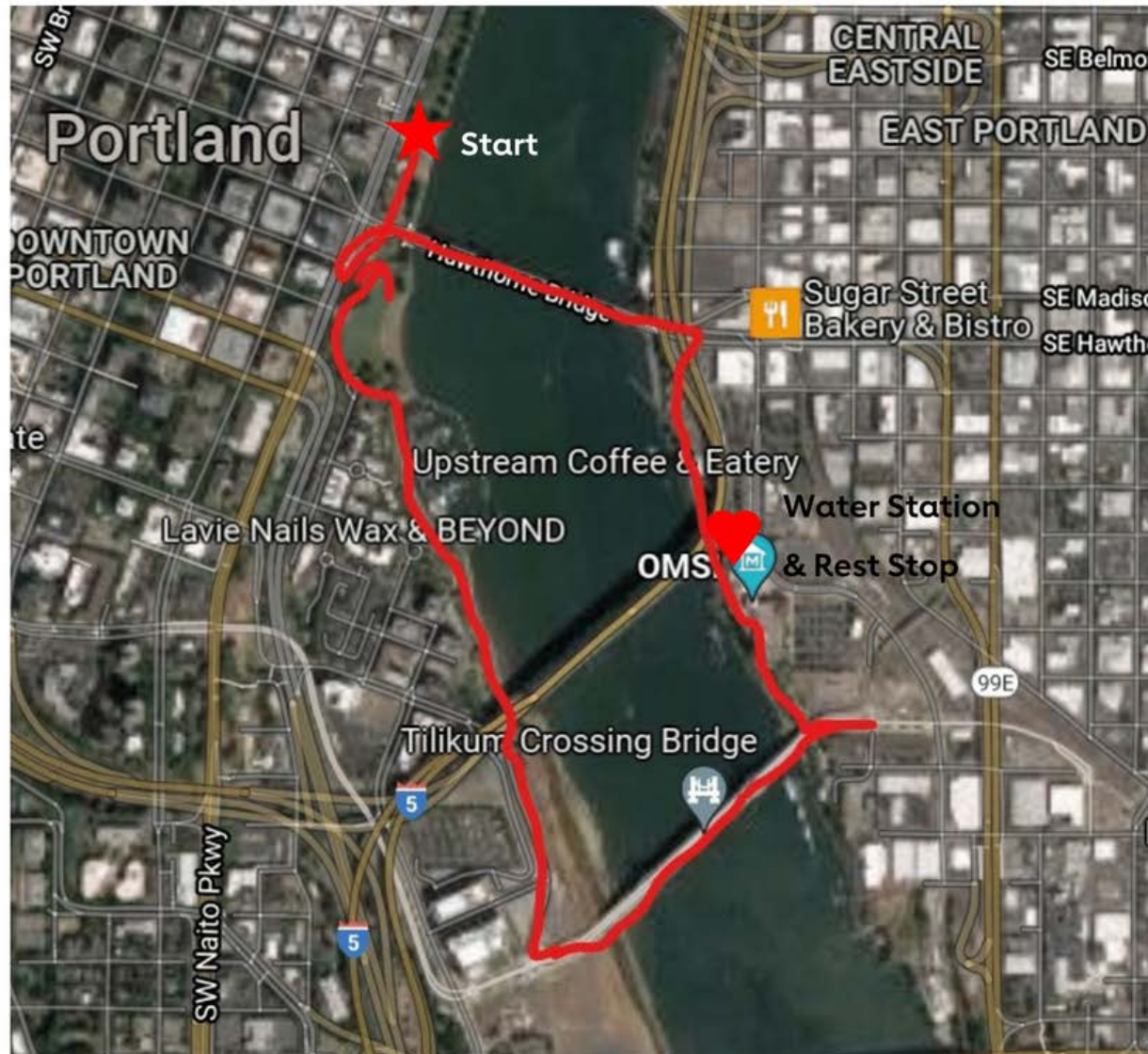




American Heart Association®

Heart and Stroke Walk™



3 Mile Route

Route Directions- 3 miles

- Start at Salmon Street Springs Fountain
- Exit the park towards the water and turn right onto the Waterfront Park Trail
- Follow the Waterfront Park Trail under the bridge
- Turn right to follow the ramp up onto SE Hawthorne Blvd
- Cross the Hawthorne Bridge
- Turn right to exit the bridge
- Turn left onto Willamette Greenway
- Follow the Willamette Greenway to the Tilikum Crossing
- Turn left onto the path before Tilikum Crossing
- Take a sharp right onto the ramp up to Tilikum Crossing
- Cross Tilikum Crossing
- Turn right onto Tom McCall Waterfront Park
- Turn right onto the S Waterfront Greenway
- Take a slight right onto the Riverplace Trail
- Follow the path left onto the Waterfront Park Trail
- Head straight on the Waterfront Park Trail
- Finish at the Salmon Street Springs Fountain