



American Heart Association.  
Heart and Stroke Walk™

# 2024 ORANGE COUNTY HEART AND STROKE WALK

## KNOW BEFORE YOU GO

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### THANK YOU TO OUR SPONSORS





# EVENT DETAILS

DATE	Saturday, April 13, 2024
TIME	Expo opens at 7:30 AM Walk begins at 9:00 AM
LOCATION	Angel Stadium of Anaheim 2000 E Gene Autry Way, Anaheim, CA 92806

This event is open to the public.  
Please register at  
[www.OCHearWalk.org](http://www.OCHearWalk.org).

# LOCATION

## EVENT AREA

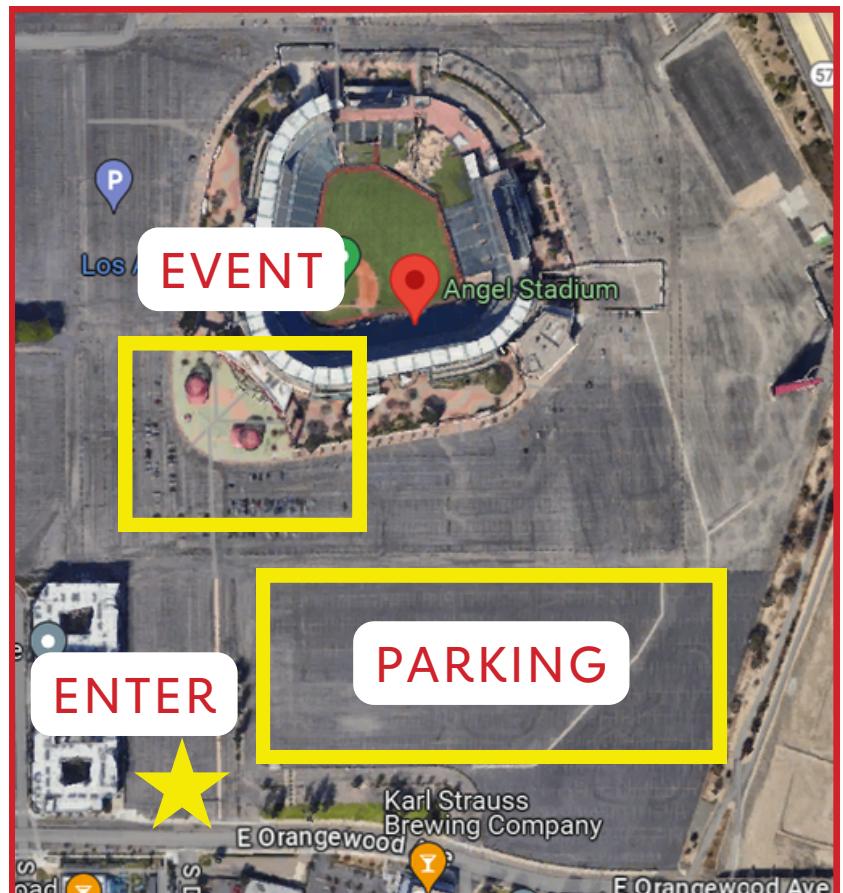
Angel Stadium of Anaheim  
Expo: Home Plate Pad  
Walk: Around stadium & inside on-field

## PARKING

Parking is FREE for all attendees. Please follow signs and staff to direct you to designated parking. Accessible parking is available.

## DIRECTIONS

Enter the parking lot for the stadium from W Orangewood Ave. (south side of stadium). All other entrance gates will be closed.





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# SCHEDULE

EXPO &  
ACTIVITIES  
OPEN

7:30 AM -11:00 AM

OPENING  
CEREMONY

8:30 AM

WALK  
BEGINS

9:00 AM

EVENT ENDS

11:00 AM

Can't make it to the event? That's okay! You can still register and fundraise to fight heart disease and stroke. You can also do a virtual walk when you want, where you want.

Use the hashtag #OCHearWalk and follow us on Facebook or Instagram @ahasouthernca to join the fun digitally!

# WALK ROUTES

## 5K ROUTE

Time: starts at 9 AM, at start line arch

Route: Goes in and around Angel Stadium, with pavement and packed gravel (field warning track) surfaces and some slight inclines.

## 1 MILE ROUTE

Time: starts at 9 AM, at start line arch

Route: Goes in and around Angel Stadium, with pavement and packed gravel (field warning track) surfaces and some slight inclines.

## PUP ROUTE ~4K

Time: starts at 9 AM, at start line arch

Route: Goes around the outside of Angel Stadium, with pavement surfaces and no inclines.

We love pups, but kindly ask they stay on the Pet Route, as pets are not permitted inside the stadium (with the exception of registered service animals as required by law).

NOTE: The routes can be completed at your speed! If you plan to run the route, we will line you up at the front to start. We will have staff along the route should you need them.

# DONATIONS

## HOW TO DONATE BEFORE THE WALK:

- Go to OCHeartWalk.org
- Click the “Donate” button on the home page
- Donate directly to the event or search for a team or walker to donate towards their goal!
  - Accepted payments: credit card or Paypal
  - If you’ve registered, you can log in to your account to enter cash or deposit checks from the Donations page!

## HOW TO DONATE AT THE WALK:

- Go to the “Donations” tent in the expo
- Our staff will assist with cash, credit, or check donations
  - You can also use your phone to donate via the website while walking!

## HOW TO DONATE AFTER THE WALK:

- Go to OCHeartWalk.org
- Click the “Donate” button on the home page
- Donate directly to the event or search for a team or walker to donate towards their goal!
  - Accepted payments: credit card or Paypal

## TO DONATE BY CHECK:

If you’re registered for the walk, download the Heart Walk app – in the Donations tab you can upload a photo of the check to cash it.

If you would like to submit a check donation before or after the walk, please put “OC Heart Walk” in the memo line and mail to:

American Heart Association  
Attn: Heart Walk Team  
5251 California Ave. Ste. 230  
Irvine, CA 92617

# AT THE WALK - TIPS

## CAN I PICK UP A T-SHIRT?

We will not have t-shirts available at the event. However, if you raise at least \$100, you will receive Heart Walk rewards to redeem for a t-shirt, hat, or other cool gear from the Heart Walk Rewards Center. Log into your account and enter your shipping information. Your gear will be shipped directly to you!

## DO I NEED TO CHECK IN?

No need to check in at the walk. Just show up ready to walk!

## ARE SURVIVORS RECOGNIZED AT THE WALK?

Absolutely! Heart disease and stroke survivors are welcome to visit the Survivor booth for a special gift and to attend the Survivor/VIP breakfast with a plus one.

## WILL THERE BE FOOD/DRINKS?

There will be some light, healthy snacks and water available. We encourage you to bring a refillable water bottle to use at the refill stations.

## ARE STROLLERS ALLOWED?

Yes! You may bring strollers if needed. The route is mainly smooth pavement; there are some slight inclines and hard packed gravel.

## ARE DOGS ALLOWED?

Dogs are welcome at the walk! We ask that your pup remains outside the stadium per stadium rules, with the exception of registered service animals.

# FREQUENTLY ASKED QUESTIONS

## DO I HAVE TO REGISTER?

We encourage everyone attending to register. This allows you to track your fundraising progress, access tools, and redeem rewards! It also ensures we can plan appropriately for the number of attendees. Young children do not need to be registered.

## IS THERE A REGISTRATION FEE?

There is no registration fee for this event. We encourage participants to fundraise as they are able - donations fund programs such as CPR in schools, nutrition security, heart disease research, and much more!

## CAN I FUNDRAISE AFTER THE EVENT?

Of course! The donation link on the website will remain open for 6 weeks post-event.

## WHAT IS A TOP WALKER?

Top Walkers are our outstanding walkers that raise \$1,000+ in life-saving funds. If you qualify, you'll receive an email inviting you to join the VIP breakfast the day of the walk and more exciting details!

## CAN I VOLUNTEER AT THE WALK?

Yes, volunteers are always needed and help make the event a success! To sign up and get details **CLICK HERE.**

# FREQUENTLY ASKED QUESTIONS

## MY FACEBOOK FUNDRAISER TOTAL IS WRONG

Many people use Facebook's fundraiser feature for Heart Walk. Make sure you set it up from your Heart Walk account: Go to [OCHearWalk.org](http://OCHearWalk.org) or the Heart Walk app, log in, and scroll to "Connect Fundraiser to Facebook" and complete the steps to share.

NOTE: Your Facebook fundraiser will pull the total \$ raised from your HW page, but it will round up any amount that contain cents. For example, if someone donates \$22.50, it will appear on Facebook as \$23. On your Heart Walk page, it will show as \$22.50. Facebook's system shows the rounded-up amount, but it does not mean the amount charged is increased.

## HOW CAN MY COMPANY SIGN UP?

If your company would like to participate, reach out to the Orange County Heart Walk Team to get started! We will help create your company page, set goals, and get your team engaged and excited! There is no fee for company registration or minimum fundraising goal.

## IS THERE A TIMED RUN?

This year's event will not include a timed run, however, you can complete the route at your speed! If you plan to run, we will adjust to have you start at the front when the walk begins at 9:00 AM.



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# SEE YOU THERE!



QUESTIONS?

Please contact [mackenzie.klemme@heart.org](mailto:mackenzie.klemme@heart.org) or  
949-885-1503