

# 2022 Greater Washington Heart Walk

November 5, 2022 | The National Mall

## 2022 Executive Leadership Team

**Cynthia Cifuentes**  
VP Brand, Communications &  
Community Engagement  
Kaiser Permanente  
2021 Heart Walk Chair  
**2022 Heart Walk Co-Chair**

**Dr. Ameya Kulkarni**  
Chair, Cardiovascular Institute  
Kaiser Permanente  
**2022 Heart Walk Co-Chair**

**Owen Billman**  
President  
Blake Real Estate  
2019 Heart Walk Chair  
2022 AHA Board Chair

**Linda Gooden**  
Gooden, LLC  
2011 Heart Walk Chair  
AHA Board Member

**Tom O'Donohoe**  
Senior Director, Portfolio Operations U.S.  
Digital Realty

**Mike Pittsman**  
EVP  
DAVIS Construction

**Vicki Schmanske**  
EVP, Corporate Operations  
Leidos

**Dr. Cedric Sims**  
Officer  
Booz Allen Hamilton

**Vishal Tulsian**  
SVP Health, State,  
Local & Federal Financial  
SAIC  
2021 EWH Chair

**Caroline Whittington**  
Partner  
KPMG  
AHA Board Member  
2022 EWH Chair

**Diane Zanetti**  
Managing Partner, Group Head  
Government Services  
Capital One

**Soula Antoniou**  
Executive Director  
American Heart Association  
Greater Washington Region

**Elizabeth Treble**  
Vice President of Development  
American Heart Association  
Greater Washington Region

## About Heart Walk

Heart Walk is a year-long campaign focused on building a healthier community for the Greater Washington Region. Heart Walk aims to be a comprehensive source for trusted knowledge, solutions, events & motivation to eat healthier and get fit.

**Who:** 10,000 walkers from 100+ companies/organizations as well as family and friends

**When:** November 5, 2022

**Where:** The National Mall – Washington, DC (remote participation also available)

**How:** Register for free at [www.greaterwashingtonheartwalk.org](http://www.greaterwashingtonheartwalk.org)

### Day of Event Details (subject to change):

- 8:30 am – Heart Walk Festival Area Opens
- 10:00 am – The Walk Steps Off
- 11:00am – Festivities and Celebration!

Consists of a 3-mile route or 1-mile route and is non-competitive, therefore family & dog friendly!

Walkers not able to attend November 5 can participate by walking and fundraising virtually.



Questions? Contact Your Heart Walk Team!

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