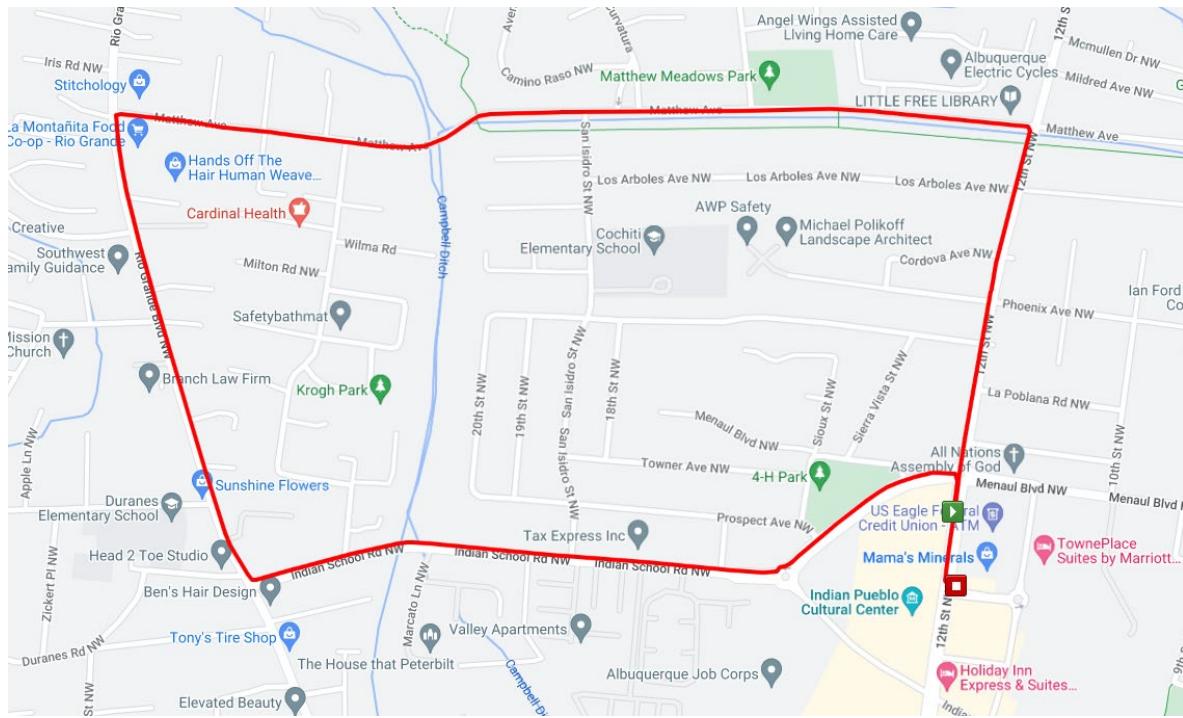




American Heart Association®  
**Heart Walk**

## 2023 New Mexico Heart Walk & Run: 5K Route Map



### Step-By-Step Directions

1. Please proceed to the start line at the 12<sup>th</sup> Street and Menaul bus stop.
2. Head north on 12<sup>th</sup> Street NW for 171 feet.
3. At the traffic circle, continue straight to stay on 12<sup>th</sup> Street NW for 0.4 miles.
4. Turn left onto Matthew Avenue in 23 feet.
5. Continue west on Matthew Avenue toward 14<sup>th</sup> Street NW for 1.1 miles.
6. Turn left onto Rio Grande Blvd NW.
7. Proceed southeast for 0.6 miles toward Indian School Road NW.
8. Turn left onto Indian School Road NW.
9. Continue on Indian School Road NW for 0.6 miles.
10. Veer slightly left to stay on Indian School Road NW.
11. In 302 feet, take the 1<sup>st</sup> exit at the traffic circle onto Menaul Blvd NW Ext.
12. Proceed 0.2 miles along Menaul Blvd NW.
13. At the traffic circle, take the 3<sup>rd</sup> exit onto 12<sup>th</sup> Street NW in 0.1 miles.
14. The finish line will be at the Indian Pueblo Cultural Center on your left.

**If you need any assistance or have any questions,  
please contact Sherri Wells at (505) 506-6561.**