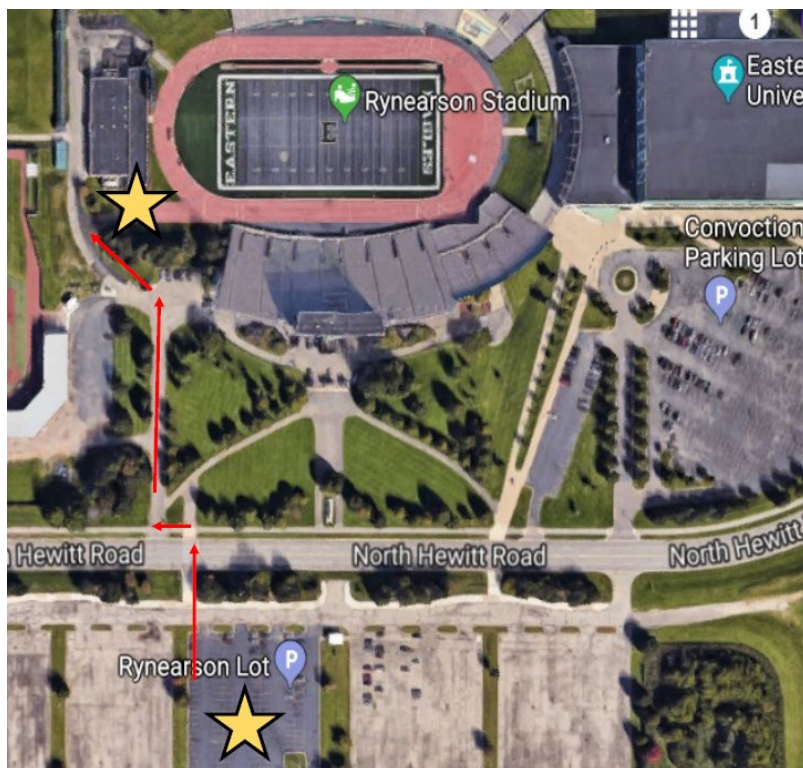


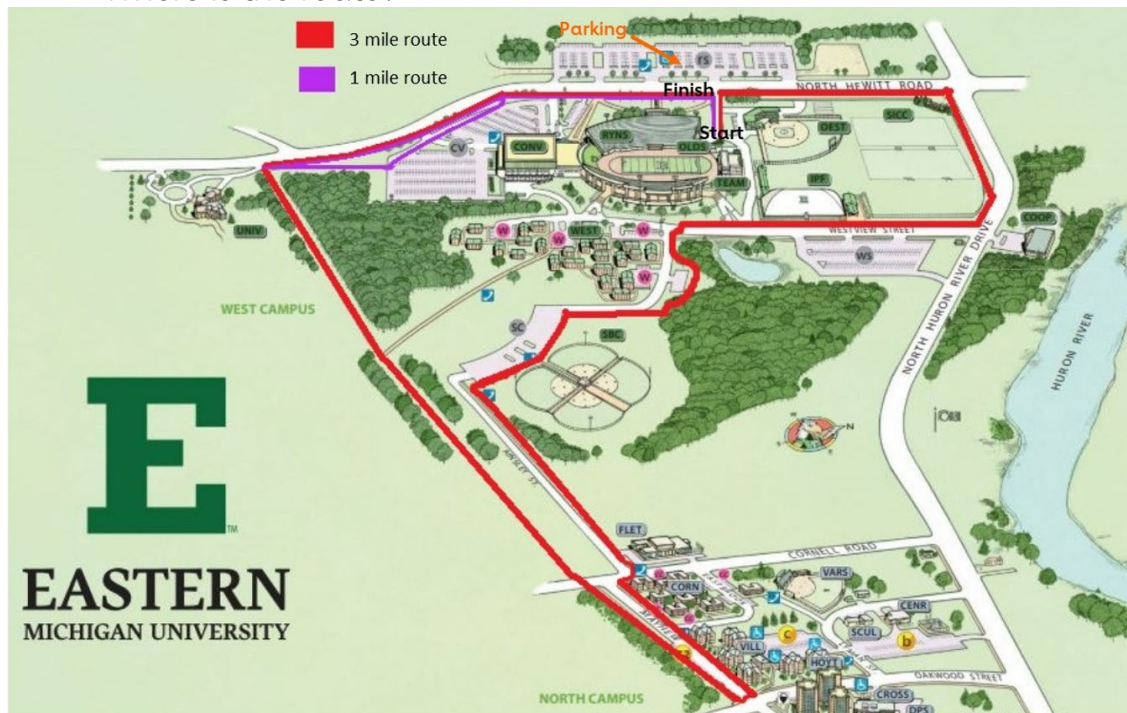
2022 Washtenaw County Heart & Stroke Walk/Run – Frequently Asked Questions

- What day is the Heart & Stroke Walk/5K?
 - Saturday, May 14th at Rynearson Stadium at Eastern Michigan University (799 N Hewitt Rd, Ypsilanti, MI 48197)
 - 8:00 a.m. – 5K Check-in and festival grounds open to all
 - 9:00 a.m. – 5K start time
 - 10:00 a.m. – Opening Ceremony
 - 10:30 a.m. – Walk start time
- Where do I park?
 - Free parking is available right off N. Hewitt Road at the Rynearson Lot. There will be another event at the Convocation Center so that lot will be used for other guests. We will have signs to point you in the right direction. Please be careful when crossing the street!!



- What is the registration fee to walk?
 - There is no registration fee and no minimum pledge to walk. Fundraising is encouraged to help fund the mission of the American Heart Association. Every donation makes a difference.

- Where is the route?



- The route begins at Rynearson Stadium. We will walk straight towards North Hewitt Rd. and turn right onto North Hewitt Rd. We will veer to the right as we approach the crossroad of North River Huron Drive. Follow North River Huron Drive straight and turn right onto West View Street. Walk straight on West View Street and turn left before passing the West View Apartment Building. Follow this route straight past the softball fields and turn left onto Ainsley Street. Follow Ainsley Street straight and a police officer will help us cross Cornell Street. Continue on Ainsley Street until you reach Oakwood St. by the Mayhew apartments. Loop around to the left and follow the Border-to-Border trail all the way down until you can turn right back onto North Hewitt Rd. Follow North Hewitt straight to return to Rynearson Stadium.
- What is the registration fee to participate in the 5K Race?
 - There is a \$35 registration fee to participate in the 5k Run. The registration deadline has passed but we have some extra bibs. If you are still interested in participating in the 5K, please reach out to Sarah.Spitzley@heart.org.
- Can I turn my donations in at the event?
 - Absolutely! Beginning at 8:00 a.m. the American Heart Association Staff will be collecting walker envelopes and donations at the Registration Area. Please be sure your donations are secured in a sealed envelope and you have your Team Name and Name on the envelope.

- **What is the deadline for fundraising?**
 - The American Heart Association accepts donations year-round. If you want to donations to count towards your 2022 Heart & Stroke Walk efforts, the deadline is June 30th.
- **Can we bring our dogs to the walk?**
 - Yes! Our furry friends are welcomed but please ensure they are leashed, and you are picking up their waste. Please try to keep them on the track area and not on the field.
- **Is the walk route handicap and stroller accessible?**
 - Yes. The American Heart Association will have a few wheelchairs available so please reach out to Sarah.Spitzley@heart.org if you need to reserve one.
- **Can my family join me if they are not registered?**
 - Yes. Registration is not required to take part in day of event activities and the walk itself.
- **How long is the walk?**
 - We have a distance for all abilities. There are 1 mile and 5K route options. We also have a 5k Run route.
- **Does the walk go on rain or shine?**
 - Yes. In the event of severe weather warnings or lightning in the area, there will be an announcement prior to the event on our Facebook and Twitter pages on @AHAMichigan. We will also be working closely with the Event Staff at Eastern Michigan University to ensure we are following proper protocol, and everyone is remaining safe.
- **Are survivors recognized at the walk?**
 - Absolutely – you are the reason we do this! To honor you, we will have a special survivor finish line. Please be sure to cross this finish line and collect a gift.
- **Will there be food and beverages available?**
 - We will have bottled water available on the festival grounds and hydration stations along the route. We will also have **FREE** heart healthy snacks on the festival grounds.
- **Is there first aid?**
 - Absolutely. We will have an ambulance service onsite and available to render aid if the need arises.

- Who sponsors your event?
 - This event would not be possible without support from our incredible sponsors. [Follow this link](#) to view the list of organizations helping us further our mission in the community!
- I want to volunteer, not walk. How do I do that?
 - We are thankful to have you! Please register to volunteer [HERE](#) or email Sarah.Spitzley@heart.org
- What if I receive additional donations after the walk? Where should I send them?
 - You're welcome to send in any additional donations you receive to the address below. Please include a note stating it should be credited to your Washtenaw County's Heart & Stroke Walk participation and mail it to the following address:

American Heart Association
Attn: Washtenaw County Heart & Stroke Walk
27777 Franklin Rd Suite 1150
Southfield, MI 48034
- Where do I go if I have additional questions regarding the 2022 Washtenaw County Heart & Stroke Walk?

You can contact your Heart Walk Director at Sarah.Spitzley@heart.org