

2023 Puget Sound Heart & Stroke Walk

3 Mile & 1-Mile Routes

8:30am Festival Opens

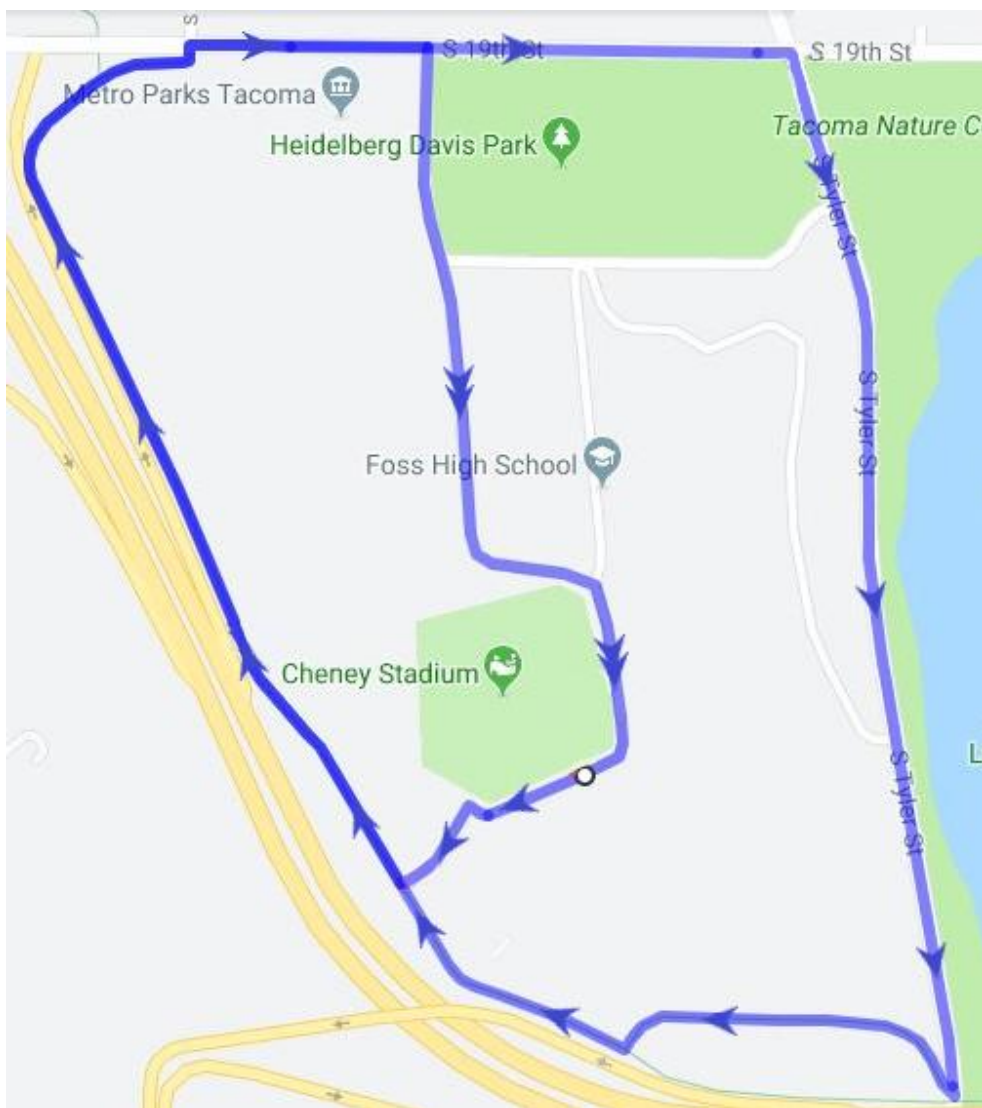
10:00am Walk Begins

3 Mile Route

- Start at Cheney Stadium and head SW through parking lot towards Heart Arch
- Turn Right onto Scott Pierson Trail and continue North on trail toward South 19th Street for .6 miles
- Turn Right onto S. 19th Street and continue for .3 miles
- Continue straight past the 1-mile and 5k Finish signs at the intersection of Clay Huntington Way
- Turn Right onto S. Tyler Street and head south for .5 miles toward Scott Pierson Trail
- Take a sharp right onto Scott Pierson Trail heading West
- At the next intersection along the trail, take a right heading NW
- Head north on Scott Pierson Trail toward S 19th Street
- Continue north on Scott Pierson Trail past the initial entry onto the trail
- Turn Right onto S. 19th Street and head East until the next intersection
- Turn Right on Clay Huntington Way and head South toward Cheyenne Street following signs for the 5k/3 mile finish
- Continue on Clay Huntington Way passed Cheyenne Street and follow the path South
- Turn right into Cheney Stadium finish line

1-Mile Route

- Start at Cheney Stadium and go SW through parking lot towards Heart Arch
- Turn Right onto Scott Pierson Trail and continue North on trail toward South 19th Street for .6 miles
- Turn Right onto S. 19th Street and head East until the next intersection
- Turn Right on Clay Huntington Way and head South toward Cheyenne Street following signs for the 1-Mile Route
- Continue on Clay Huntington Way passed Cheyenne Street and follow the path South
- Turn right into Cheney Stadium finish line



Cheney Stadium

2502 S Tyler Street
Tacoma, WA 98405

For questions, contact king.walk@heart.org