



American Heart Association®  
Heart Walk®

**Sunday, October 10, 2021**  
**Walk Anytime: 12PM - 3PM**  
**Route Length: 1-mile**

# **DURHAM HEALTHY MILE HOLTON TRAIL**

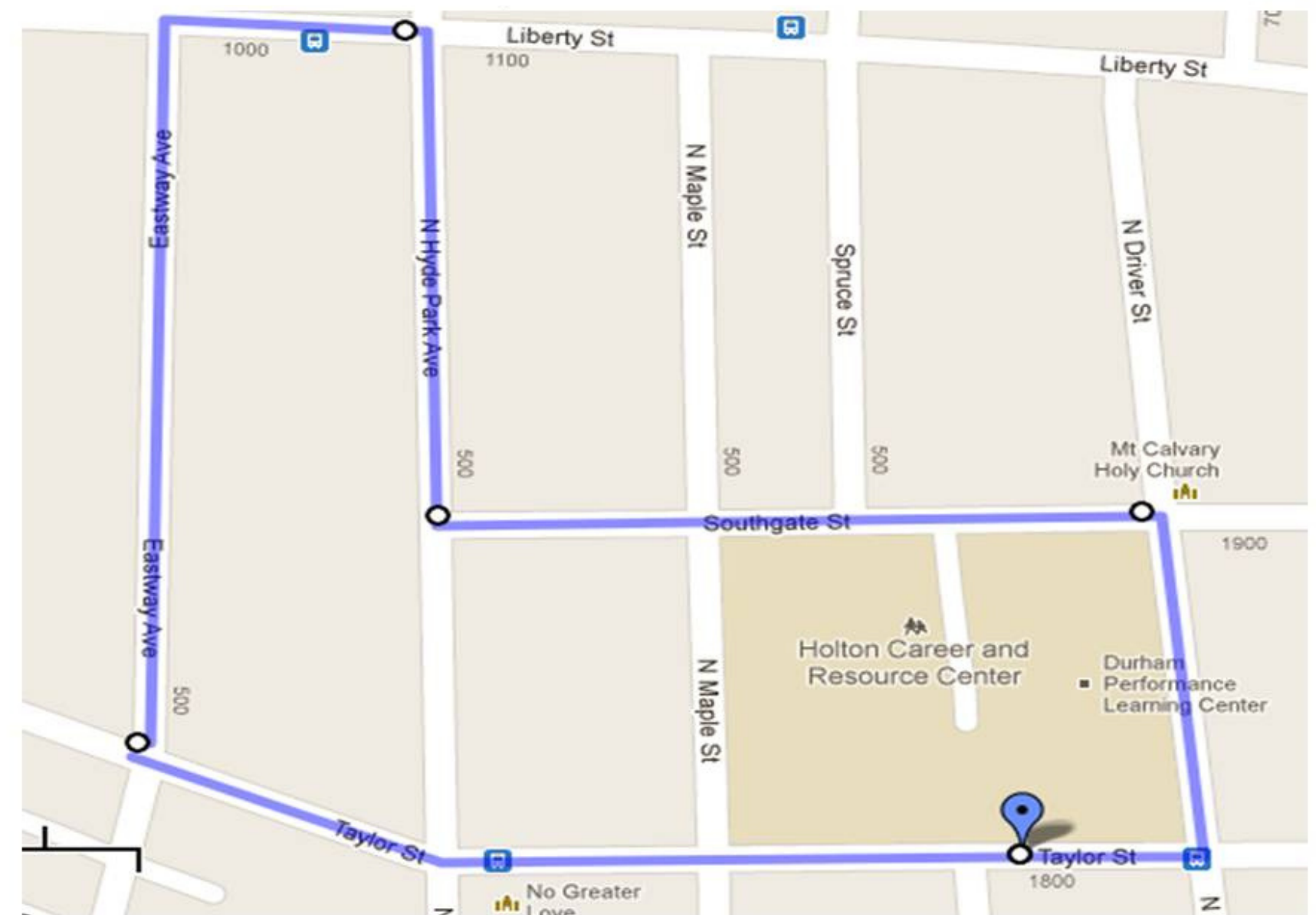
**401 N. DRIVER STREET  
DURHAM, NC 27703**

***START: TAYLOR STREET***

***PARKING: HOLTON CAREER & RESOURCE CENTER***

### Route Instructions:

1. Start on Taylor Street
2. Take Right on Eastway Avenue
3. Take Right onto Liberty Street
4. Take Right on Hyde Park Avenue
5. Take Left on Southgate Street
6. Take Right on N Driver Street
7. Finish: Taylor Street





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# **DURHAM HEALTHY MILE NORTHGATE PARK TRAIL**

**32500 ACADIA STREET  
DURHAM, NC 27704**

***START: ADJACENT TO KEYSTONE CHURCH***  
***PARKING: ON-STREET PARKING***

***MAP COMING SOON!***

**Route Instructions:**

1. Start at Keystone Church Lot
2. Take left onto W Ellerbee Street
3. Take left onto Shenendoah Avenue
4. Take left onto W. Lavender Avenue
5. Take left onto Elgin Street



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## **NC STATE CAMPUS**

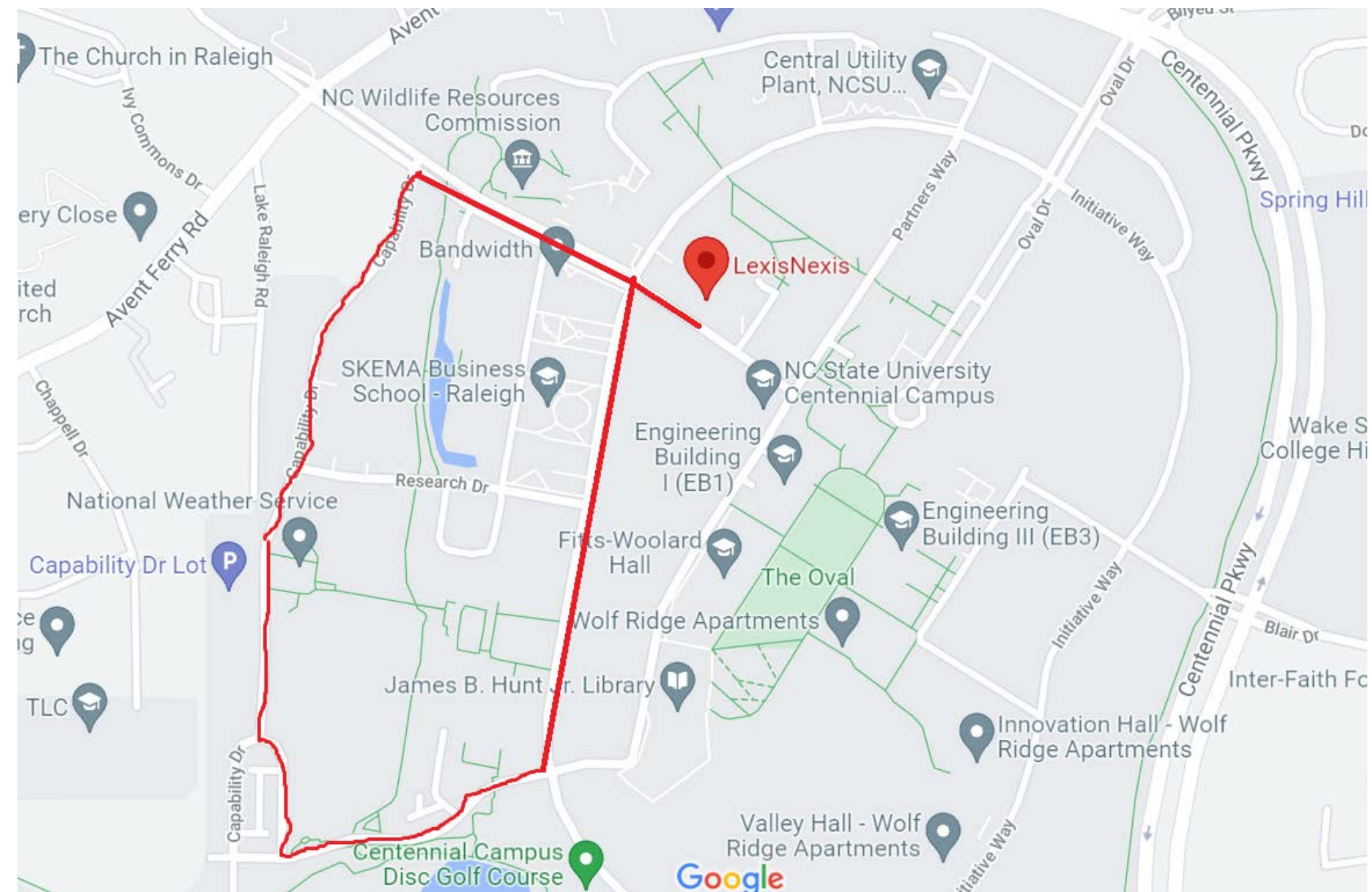
**1801 VARSITY DRIVE**  
**RALEIGH, NC 27606**

***START: LEXISNEXIS LOT***

***PARKING: PARTNERS WAY DECK***

### Route Instructions:

1. Start at LexisNexis Lot located on Varsity Drive
2. Take Left on Main Campus Drive
3. Take Right onto Twin Branches Way
4. Follow Twin Branches Way to Capability Drive
5. Take Right onto Varsity Drive
6. Finish: LexisNexis Lot





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# **CITY OF RALEIGH**

## **SHELLEY LAKE LOOP**

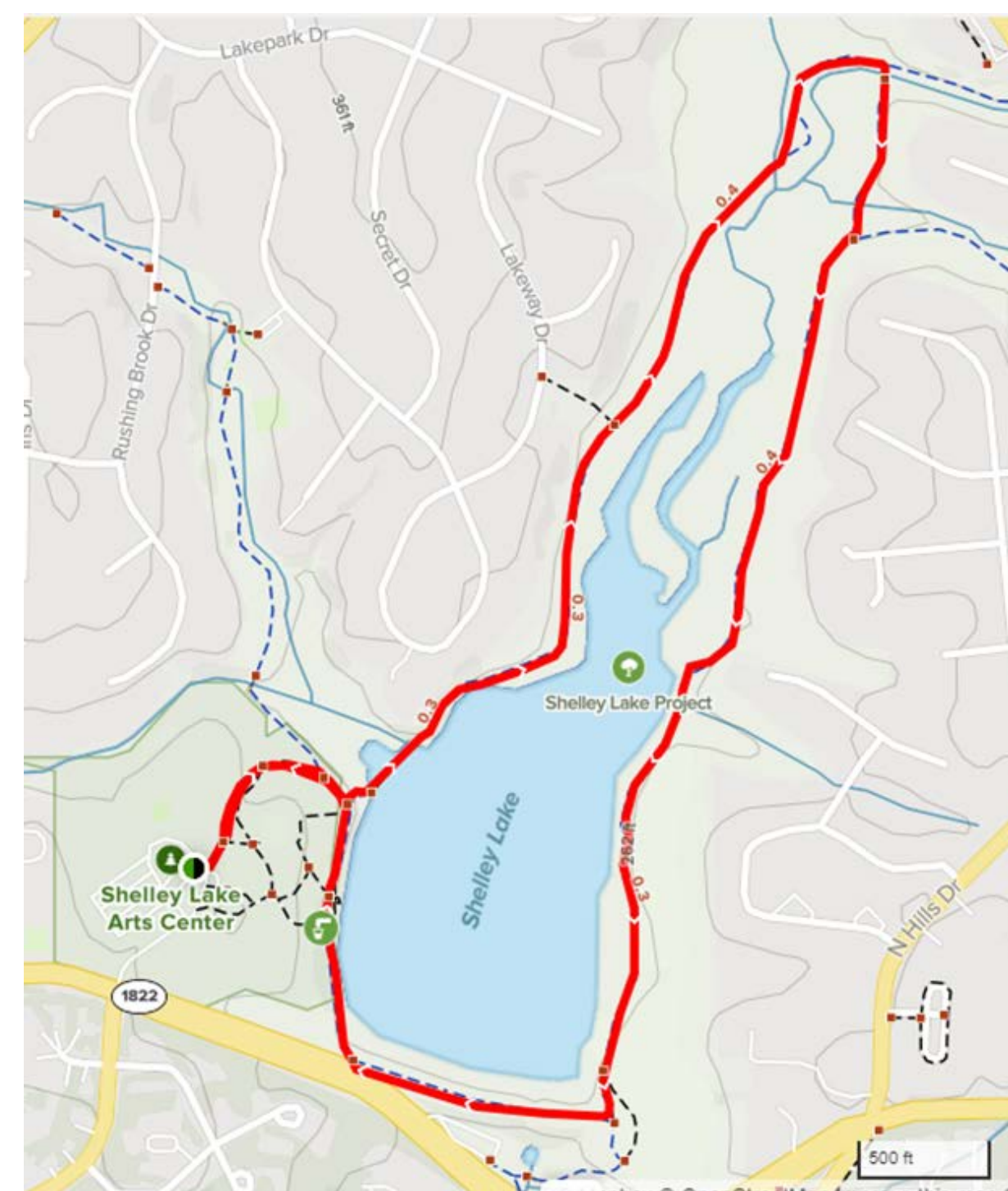
**1400 W MILLBROOK ROAD**  
**RALEIGH, NC 27612**

***START: SHELLEY LAKE PARKING AREA***

***PARKING: NEXT TO SERTOMA ARTS CENTER***

### **Route Instructions:**

1. Follow the paved trail from the parking area for approximately 1/4 mile to the Start Line at Shelley Lake Loop
2. Make left to start on the Shelley Lake Loop trail
3. Follow the path to the right around Shelley Lake Loop until you reach the Finish line





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**Route Length: .4 mile loop**

# **CITY OF RALEIGH**

## **WORTHDALE BASEBALL FIELD**

**1001 COOPER ROAD**  
**RALEIGH, NC 27610**

***START: WORTHDALE PARK BASEBALL FIELD***

***PARKING: LOCATED OFF SUNNYBROOK RD.***

***ADDITIONAL PARKING LOCATED AT COMMUNITY CENTER ON COOPER RD***

### **Route Instructions:**

1. Start at Worthdale Baseball Field Lot
2. Follow the .4 mile loop trail to the right around the baseball field
3. Finish Line will be at the same starting location

