

York Heart Walk

Legend



Start/Finish Line



Parking



Registration
Restrooms



Hydration Station
Turn Around

CHOOSE YOUR ROUTE!

Survivor Route (red): 0.25 miles

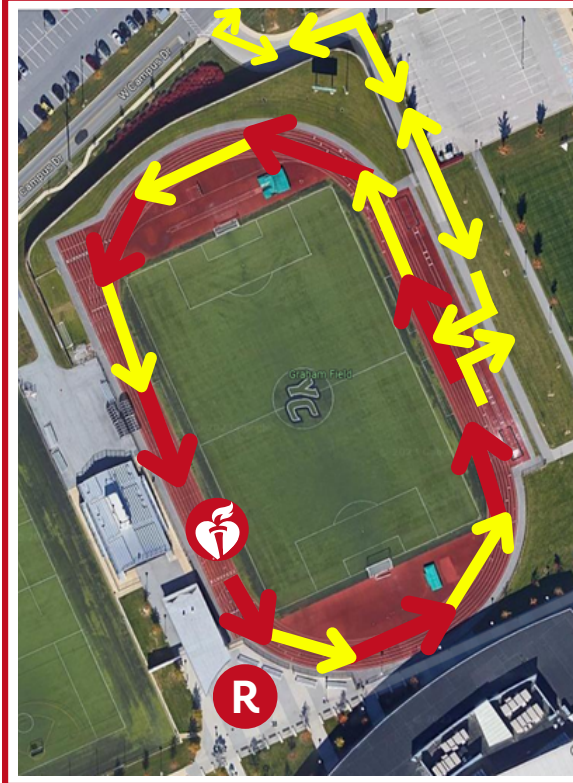
Main Route (yellow): 1.5 miles

ATTENTION DOG WALKERS!

The Graham Field track is for humans only.
Follow walking path around the outside of the stadium and rejoin main route as it exits the stadium.

- **Survivor Route:** Enter stadium and turn right. Follow track counterclockwise around perimeter of the field until you return to the Start/Finish Line or continue for more laps.
- **Main Route:** Enter stadium and turn right. Follow track counterclockwise around the perimeter of the field to the 50 yard line and exit stadium to the right, then turn left and follow walking path to W. Campus Dr.
- Turn right on W. Campus Dr. until you reach Grantley Rd. Follow traffic signals and guards to safely cross Grantley Rd., then turn left.
- Continue on Grantley Rd. until you reach the entrance to the Heritage Rail Trail. Turn right onto the Heritage Rail Trail and follow the trail until you reach the Hydration Station at the intersection of Kings Mill Rd.
- Turn around at the Hydration Station and follow reverse route back to the stadium.
- Enter the stadium and turn right. Follow track counterclockwise around the perimeter of the field until you return to the Start/Finish Line.

Need assistance? Call Gail Frassetta at 717-829-4805.



@AHAPennsylvania

#YorkHeartWalk