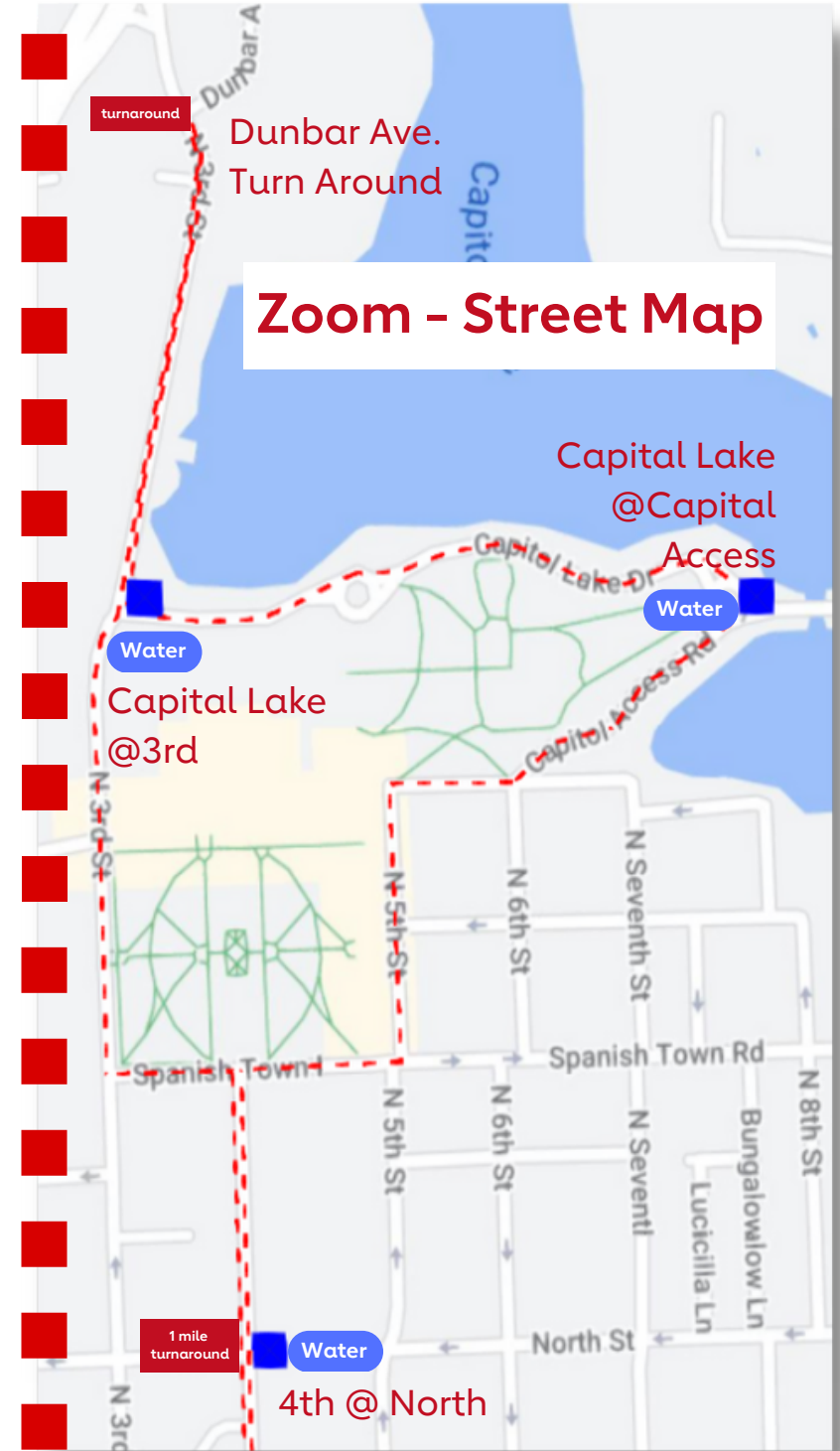
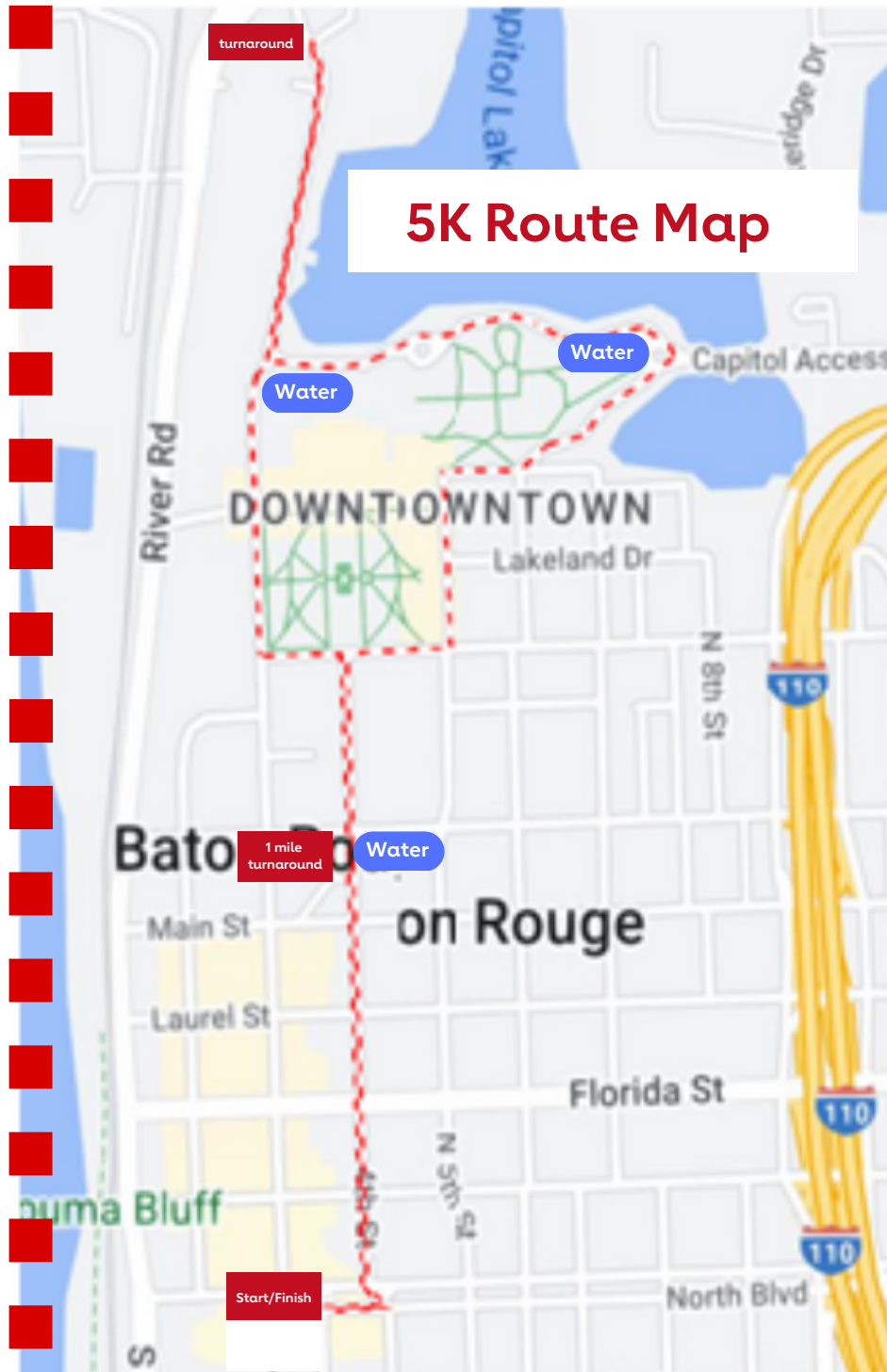


2024 Capital Area Heart Walk Route Map





Capital Area Heart Walk Written Route Directions

Start on North Blvd just West on N. 4th St.

N. 4th St. North to Spanish town

East on Spanish Town to North on N. 5th

East on Capitol Access to West on Capitol Lake Dr.

North on N. 3rd to U-turn

South on N. 3rd street to East on Spanish Town

South on N. 4th st. to start/finish line.

Questions, please contact:

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