As a valued American Heart Association partner, we want to share with you some educational resources for you and your fellow teachers. With a focus on education, movement and social-emotional learning, these tools are designed for use day in and day out. Click through topics below to view items online or visit heart.org/educationalresources.

**STEM**
- Virtual Field Trips through the brain, heart, lungs and vascular system
- STEM career pathing videos
- STEM lesson plans

**SEL**
- 15 Ways Poster Series cover topics such as kindness, respect and positive affirmations
- Mindfulness and Calming Wall videos
- Monthly newsletters include SEL for faculty and parents and heart healthy recipes

**Professional Development**
- Exclusive OPEN curriculum
  Learning hours include self-evaluation tool and webinar

**Brain Breaks**
- NFL Play60 Energizers videos get kids moving
- Calming Wall videos
- Brain Boosts and teachers guide

**Get Moving**
- 25 Ways to Move posters, including Spanish Kids Heart Challenge
- Jump Rope, Dance and Basketball Videos
- PE games, activities and lesson plans

**Videos**
- Mindfulness
- Jump Rope Skills
- Dance
- Basketball Skills

© 2021, American Heart Association, Inc. All rights reserved. Kids Heart Challenge and American Heart Challenge are trademarks of the American Heart Association and cannot be used without permission. 090921