

A Lifesaving Skill

Unscramble the word to complete each sentence. Write your answer in the grid. Then use the circled letters to answer the question in the speech bubbles.

- Cardiac arrest is a leading cause of _____.
ATHDE
- Hands-Only CPR is recommended for use on teens or adults who you see suddenly _____.
SLELOCPA
- When performing CPR, keep your arms _____ and your shoulders directly above your hands. **GISTTARH**
- Push hard and fast in the _____ of the chest with both hands, one on top of the other. **ETRENC**
- Eighty percent of out-of-hospital cardiac arrests happen in _____ or residential settings.
VETARIP
- The _____ step in Hands-Only CPR is to call 9-1-1. **RTFSI**
- Chest compressions during Hands-Only CPR push _____ through the body. **GYONXE**
- Chest compressions also pump blood to the victim's vital _____. **ANRGSO**
- CPR can double, or even triple, a victim's chance of _____. **RLIUVSVA**
- When a person has cardiac arrest, survival depends on _____ CPR from someone nearby. **DAMETIEIM**

What is the rate you should push on the chest during CPR?

1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									

To answer the question, write each circled letter on its matching numbered line.

7 4 10

H 9 4 1 6 10 1

B 10 2 3 S

5 10 6

M I 8 9 3 10