American Heart Association.
AMERICAN HEART CHALLENGE™

Up in Smoke

Lightly color the letters next to the best answer. Then write the colored letters in order in the puzzle to finish the "Did You Know...?" fact.

1. Each year, more than ____ people die prematurely from using tobacco and being exposed to secondhand smoke.
   PAI 480,000 LOG 4,800 PLA 48,000

2. In addition to tobacco and secondhand smoke, it's important to avoid ____.
   LIN exercise NTT e-cigarettes REN capillaries

3. One ___ of staying tobacco free is that it keeps your skin healthier.
   OA cause HI benefit LA problem

4. E-cigarette use ____ circulation.
   NGSI increases CKER stops NNER decreases

5. Nicotine, the addictive chemical in e-cigarettes, makes your heart rate and blood pressure ____. PES rise PEA slow down PET irregular

6. The carbon monoxide in e-cigarettes makes it difficult for your heart to get the ___ it needs. TOM blood cells TIC oxygen SIM nutrients

7. Smoking is responsible for 443,000 _____ deaths each year.
   IDE premature ODE in-hospital ALE unexpected

8. About 41,000 people 35 and older died from the effects of _____ each year from 2005 to 2009.
   SCOR smoking e-cigarettes YSLI smoking cigarettes SBAT secondhand smoke

9. If you smoked 20 cigarettes a day, your life would be shortened by about ____.
   ING 5 weeks TIR 5 months TER 5 years

10. _____ dangerous chemicals are found in tobacco smoke.
    YES One hundred IES Four thousand IAS Eight hundred

Did You Know...?

The smoke from e-cigarette products contains some of the same chemicals that are found in...

1			2				3		4			,
	5			6			7			8 ,	&	
			9			10			!			

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