



American Heart Association.

AMERICAN HEART CHALLENGE™



EVERLY
Survivor

GET STARTED TODAY!

WHEN

DONATIONS DUE

ADDITIONAL DETAILS

Dear Parent/Guardian,

By participating in the **American Heart Challenge™** students have the opportunity to raise awareness and funds for congenital heart defects, nutrition security, CPR training, mental well-being and more as we work to end heart disease and stroke.

Along the way students will meet some of the kids they're helping while learning about mind and body health.

Steps to get started:



- 1** Download the **American Heart Challenge app** or visit heart.org/AHC to register.
- 2** Select a daily health challenge including **Think Positive** or **Choose Kindness**
- 3** Set a fundraising goal and send emails, texts and post on social media to invite family and friends to support to support your goal .

HELPING HEARTS

An estimated 40,000 babies are born each year with congenital heart defects. Research advancements are helping them live longer, healthier lives. Your support helps families like Everly's have hope, and for that they are so grateful.

LET'S GET 100% OF OUR SCHOOL FAMILIES TO LEARN HANDS-ONLY CPR! JOIN TODAY TO BEGIN FINN'S MISSION!



-  **Scan your checks!** Use the **AHC app** to scan checks (and then shred them), and funds will immediately appear in your total online!
-  **Double Your Donation!** Ask your donor if their company provides matching gifts. Go to matchinggifts.com/AHA to search company names.



DOWNLOAD THE AHC APP OR VISIT HEART.ORG/AHC