What’s the Message?

In this puzzle, jumbled words—if you can unscramble them—can help you reveal an important fact about e-cigarettes.

Directions: Unscramble the words below. Write one letter in each box.

1. D I A V O → ○ ○ ○ D
2. E S O K M → ○ K
3. C I O T X → ○ X ○ ○
4. U E C A D S → ○ ○ ○ E ○
5. E D L G P E → L ○ ○
6. I E A C S M H C L → H ○ ○ L
7. E T R D E → D ○ ○
8. T O N N C E I I → ○ C ○ ○

Write the circled letters from your solution boxes in these circles:

Did You Know?
The additives in e-cigarettes may be particularly toxic to a smoker’s cardiovascular system. That means smoking e-cigarettes can harm your heart and blood vessels—two things your body definitely needs to stay healthy!

M e-cigarettes e-nicotine, the S highly found in tobacco products like cigarettes.
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Answer Key

1. AVOID
2. SMOKE
3. TOXIC
4. CAUSED
5. PLEDGE
6. CHEMICALS
7. DETER
8. NICOTINE

Most e-cigarettes contain nicotine, the same highly addictive drug found in tobacco products like cigarettes.