



Anushya Advocate

Anushya's passion for heart health began after her grandfather passed away from heart disease. His loss inspired her to learn more about heart disease and how to prevent it. She encourages her family and friends to be more active and take care of their hearts and works hard to live a healthy lifestyle. Anushya wants more people to understand how common heart disease is and believes Kids Heart Challenge/American Heart Challenge can help others learn how to be heart healthy.

The Kids Heart Challenge and American Heart Challenge funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.