



American Heart Association.

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Take Action

BETHE BEAT

CPR in Schools Engagement

Each year, more than **350,000 out-of-hospital cardiac arrests occur in the United States**. Hands-Only CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

It's important that schools have a plan in place so that all teachers, faculty and staff know how to respond during a cardiac arrest emergency. **Here are some ways you can be a part of the solution!**

CPR Engagement Opportunities For Your School

1 Develop a Cardiac Emergency Response Plan
A cardiac emergency response plan is a written document that establishes specific steps to reduce death from cardiac arrest in school settings. Preparation is the essential key to saving lives. [Here are free resources and checklists](#) to develop your school's plan.

2 Engage Your Teachers, Faculty and Staff

- Share this free [2-minute video](#) to learn Hands-Only CPR + AED.
- [Share these infographics and hang these posters and flyers](#) in your school.

3 Train Your Teachers, Faculty and Staff
Your school or district may also purchase:

- [CPR Anytime Adult & Child Training Kits](#)
- [CPR & First Aid Anywhere Training Kits](#)

4 Be A HeartSaver

- Find a training center for course purchase by visiting cpr.heart.org.
- Schools seeking CPR courses for multiple teachers and staff can e-mail AHACPRsolutions@heart.org.

