



American Heart Association.

Lawyers Have Heart™

## FREQUENTLY ASKED QUESTIONS

### How is the AHA helping in response to COVID-19?

In addition to funding lifesaving research and health initiatives in our community, our support of the American Heart Association is helping combat COVID-19 in many ways. Below are a few examples, and please visit <https://www.heart.org/en/coronavirus> to learn more.

- i. Committing \$2.5 million to [fast-track research grants](#) to better understand COVID-19 and its interaction with the body's cardiovascular and cerebrovascular systems.
- ii. Helping to [meet the needs of health care workers](#) by launching a new course on Oxygenation and Ventilation for COVID-19 patients in response to the shortage of masks and ventilators, offering training on how to safely administer CPR, and adding a COVID-19 data registry through Get with the Guidelines to better manage existing patients.
- iii. We are helping to accelerate antiviral drugs to combat COVID-19. Through the Lawrence Livermore National Laboratory, AHA technologies are being used in the COVID-19 response which may lead to better diagnoses and treatments.
- iv. Working with federal and state governments to ensure families have access to care, and that [children who are at-risk of missing meals due to schools being closed are still looked after](#).
- v. Providing businesses with essential resources to help their employees stay healthy and active.

### What does a "virtual event" entail?

In order to control the spread of the virus, the CDC is recommending postponing events with crowds of 50 or more. As a result, we have strategies in place to allow participants to fully experience the spirit of Lawyers Have Heart wherever they are. 2020 marks the 30th Anniversary of Lawyers Have Heart, so starting on May 14th we will be launching 30 days of content culminating in a city-wide effort to celebrate our impact on June 13th. Activities will include a virtual leaderboard, suggested routes to run your own 10K or 5K, training tips, and healthy living resources to look after yourself and your loved ones while social distancing.

### Do I still need to register for the event?

YES! As a registered participant you will gain access to a full suite of our event resources. Those that pay the registration fee will receive a special edition 30th Anniversary Lawyers Have Heart t-shirt as well as a finisher medal and most importantly, you will be contributing to the American Heart Association's mission of being a relentless force for a world of longer, healthier lives.



American Heart Association®

**Lawyers Have Heart™**

### **What is the cost for registering to the virtual race?**

There are two options when registering for the virtual race:

- Virtual Participant – There is no cost for this option, and you will receive a finisher medal to commemorate the 30<sup>th</sup> Anniversary of Lawyers Have Heart
- Heart Hero – You can become a Heart Hero for \$50 and you will receive a race t-shirt as well as the finisher medal commemorating the 30<sup>th</sup> Anniversary of Lawyers Have Heart!

### **Can I still donate, and stay involved with Lawyers Have Heart?**

YES! With our virtual event, we hope you will still run your distance, post a selfie on social media, and invite friends and family to donate and support the mission of the American Heart Association. You can donate online at [LawyersHaveHeartDC.org](https://www.lawyershaveheartdc.org) or you can have a check made out to the American Heart Association. This check can be uploaded via the Heart Walk app or you can send it to the following address:

American Heart Association  
Attn. DC Lawyers Have Heart  
Eastern States  
PO Box 4002012  
Des Moines, IA 50340-2012

### **How does my registration fee make an impact?**

Your registration is a certified, tax-deductible donation to the American Heart Association, and goes toward funding our lifesaving mission which is more important now than ever as we work to keep our communities healthy. Your contribution is critical as we fund research and health initiatives in our community, and in our effort to respond to the coronavirus pandemic and its long-term effects on the health of our community.

### **Can I still get my event t-shirt, race bib and medal?**

Participants registered as a Virtual Participant (FREE) will receive a finisher medal. Participants registered as a Heart Hero (\$50) will receive the 30<sup>th</sup> Anniversary race t-shirt as well as the finisher medal. Bibs will be available online to be printed at home!

### **Where will I be able to pick up my t-shirt and race medal?**

T-shirts will be received after the race and medals will be available for pick up. Further information on the pick-up of medals will be announced shortly. We thank you for your patience while we determine delivery or pick up options!



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**What happens if I have already purchased a registration for the 2020 Lawyers Have Heart?**

Your 2020 Lawyers Have Heart registration will count towards the 2021 race. For more questions feel free to contact us at [ESLawyersHaveHeart@heart.org](mailto:ESLawyersHaveHeart@heart.org)

**What happens if I have already registered using a coupon code?**

Other Questions? Please reach out to [ESLawyersHaveHeart@heart.org](mailto:ESLawyersHaveHeart@heart.org)