

DANCE EVENT GUIDE

Your passion is about to pay off and you're going to help save lives! This is just an example of what your event can look like. **MAKE THE EVENT YOUR OWN!**

CHOOSE YOUR FORMAT:

- ✓ Open gym
- ✓ Student vs faculty
- ✓ Stations
- ✓ Talent show

ACTIVITY IDEAS:



Dance battle



Dance-a-thon



Glow dance party



Students vs faculty dance off



Dance through the decades

IDENTIFY EQUIPMENT NEEDED:



Megaphone/ Microphone:

The emcee will give the welcome message, make announcements and conclude the event.



Music:

Search Spotify for the American Heart Association's channel for playlists. You can even have a student DJ the event!



Screen/AV

Equipment:
Needed if using the American Heart Challenge choreographed dance.



Station Equipment:

Be sure to gather any equipment you may need for your station activities.

Tip: Consider awarding bonus points for teams based on which team has fundraised the most.