

DANCE EVENT GUIDE

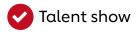
Your passion is about to pay off and you're going to help save lives! This is just an example of what your event can look like. MAKE THE EVENT YOUR OWN!

CHOOSE YOUR FORMAT:









ACTIVITY IDEAS:











IDENTIFY EQUIPMENT NEEDED:



Megaphone/ Microphone:

The emcee will give the welcome message, make announcements and conclude the event.



Music:

Search Spotify for the American Heart Association's channel for playlists. You can even have a student DJ the event!



Screen/AV

Equipment:
Needed if using
the American
Heart Challenge
choreographed
dance.



Station Equipment:

Be sure to gather any equipment you may need for your station activities.

Tip: Consider awarding bonus points for teams based on which team has fundraised the most.