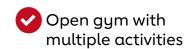
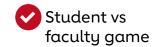


# GLOW EVENT GUIDE

Your passion is about to pay off and you're going to help save lives! This is just an example of what your event can look like. MAKE THE EVENT YOUR OWN!

### **CHOOSE YOUR FORMAT:**







#### **ACTIVITY IDEAS:**









## **IDENTIFY EQUIPMENT NEEDED:**



# Megaphone/ Microphone:

The emcee will give the welcome message, make announcements and conclude the event.



## Music:

Search Spotify for the American Heart Association's channel for playlists. You can even have a student DJ the event!



## **Equipment:**

In addition to activity equipment, you may want glow accessories or decorations.



## Volunteers:

Depending on event format, volunteers may need whistles, stopwatches, and/ or scorecards.

**Tip:** Consider awarding bonus points for teams based on which team has fundraised the most.