

Fight the second second

A special celebration for the students in the **Top Grade** or **Top Class** for all their Heart work!

How to start:



- **Pick Splash Party Day!** Pro-Tip: the day before a holiday or 1/2 day.
- Scheduling: Ancillary Time. Swap the last grade of the day with the winning grade.



Promotion: Include incentive in your Kickoff and weekly messaging! Highlight Grade/Class in the lead each week!

Complete Finn's Mission to earn the Finn's Lifesaver Award!

© 2022, American Heart Association, Inc. All rights reserved. Kids Heart Challenge is a trademark of the American Heart Association and cannot be used without permission

Station Ideas:

4

5

6

8

0

- Frankie's Beach Ball Relay
- Hydro's Water Balloon Toss
- Breeze's Water Balloon Spoon Race
 - **Dream's Water Balloon Batting Practice**
 - Baxter's Fill the Bucket Challenge
 - Hearty's Water Balloon Relay
 - Marley's Balancing Act Obstacle Course
- Finn's Water Balloon Colander Toss
- **9** Local Heart Hero Water Balloon Darts
- **10** Principal's Pop the Balloon Relay

Suggested Materials:

Water Balloons, Hula Hoops, beach balls, Water blasters, Wooden Spoon, Plastic Bats, Colander, Towels, Buckets, Sponges, Cones...etc.

Make clean-up a game!

Ask teams to pick up broken balloon pieces and the team with the most pieces gets first dibs on Popsicles!

Have a "Balloon" guard—have a volunteer trade each filled balloon for 2 pieces of burst balloons.