



American Heart Association®

**KIDS
HEART
CHALLENGE™**



SOARING

Soaring through the clean air is something Breeze loves to do. Take a moment to picture yourself flying – high above your classroom, school and neighborhood. Do you picture yourself with wings like a bird or a bat? Using your arms and a cape like Superman? Maybe you picture yourself in a drone made of LEGO®. Write or draw a picture of you flying and answer this: “If you had the ability to fly for one day, where would you go?”
