



**CELEBRATION!**

# HEART HERO

## Adoption Certificate

This certifies that

\_\_\_\_\_  
*Student Name*

has officially adopted

# BUSTER

Our amazing team leader, Buster, loves to cheer on and celebrate others. In fact, Buster is throwing a fantastic KHC PARTY to celebrate all our heart hero kids, characters and everyone who's pitching in to raise funds to help kids with special hearts. YOU'RE INVITED!



\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*





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# SKIP

Skip knows how important it is to keep lungs strong by never vaping or smoking. When it comes to vaping and tobacco, just SKIP it!



\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*







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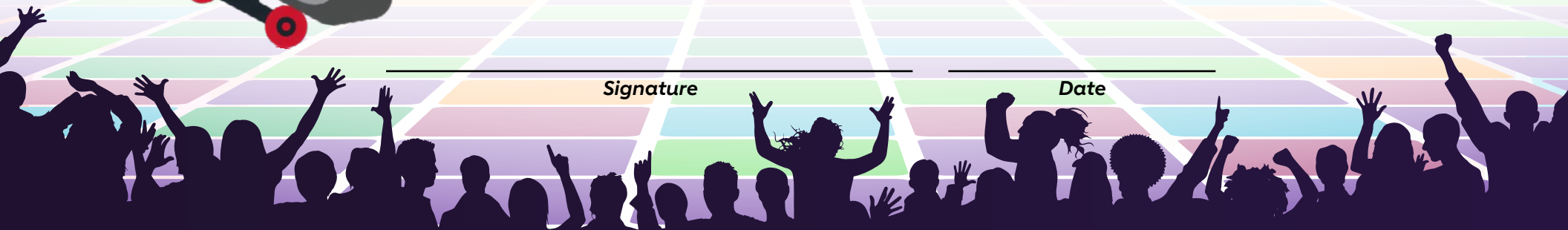
# BOLT

Bolt knows being active is a real boost to mood, muscle strength and brain power. Dancing, running, soccer and skateboarding are some fun ways to get moving.



\_\_\_\_\_  
*Signature*

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# BEAT

Beat encourages everyone to learn  
Hands-Only CPR. Calling 911  
and performing CPR can save a life!



\_\_\_\_\_  
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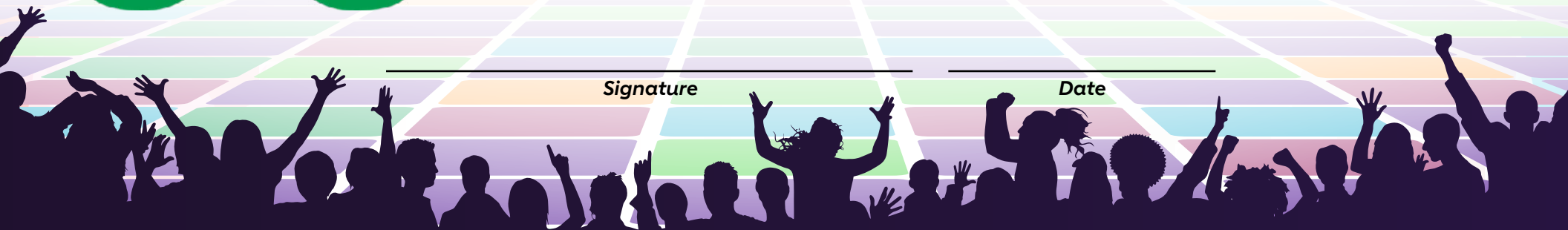
# STAR

Star knows that getting at least 10 hours of sleep every night not only helps you feel good but also keeps your heart and brain healthy over time. Being active during the day, limiting screen time, and taking some time to read or journal before bed all help bring on a good night's rest!



\_\_\_\_\_  
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# SPLASH

Splash loves creating fun, healthy things to eat. Sometimes Splash puts berries in a glass of water for an extra special treat. Drinking water instead of sugary drinks like soda is important for a strong and healthy heart!



EAT SMART



\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*







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# TRU

Tru created a KHC Kindness Club at school that meets every month to find a kind act of service they can do for someone. Everyone's favorite was going to the local dog shelter and playing with the dogs to keep them company, and they even took Puppies!



\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date





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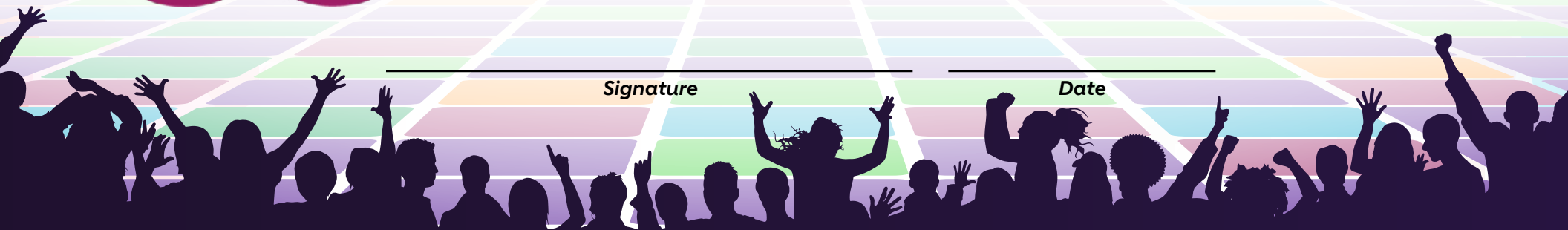
# SPARK

Science, technology, engineering and math are all things Spark loves to learn about. Spark dreams of using this knowledge to do great things someday, like discovering a new planet or even curing heart disease!



\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*







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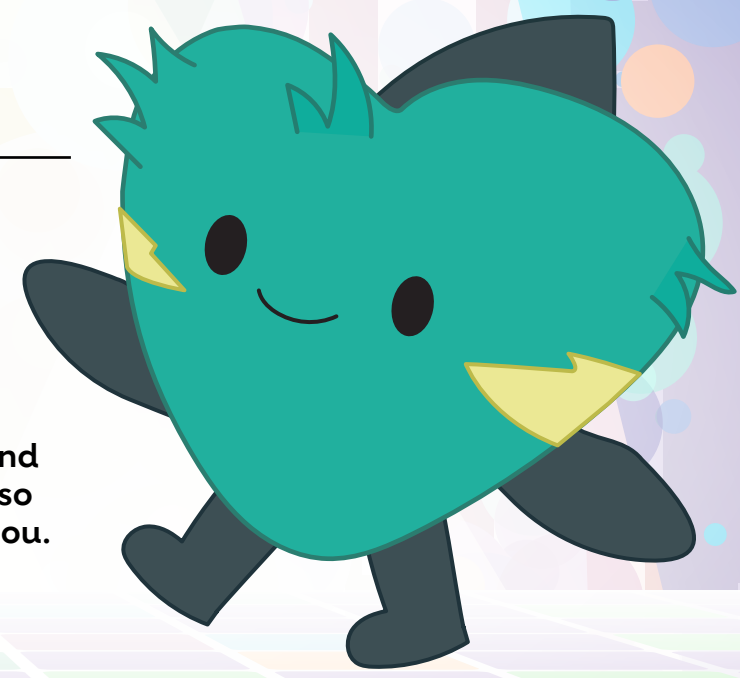
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# FINN

Finn loves learning about your heart and saving lives. He created Finn's Mission so he could share what he's learned with you. Congratulations on completing it!



\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

