



# PARTICIPANT HOW TO BE A LIFESAVER

1.

## DOWNLOAD THE APP

With your parent or guardian's permission, search "AHA Schools" in your app store. Then use your username and password to log in.

No username and password? Click either "Forgot Password?" or "Register Now" if you haven't set a username and password yet.



2.

## LEARN HANDS-ONLY CPR

**Did you know?** Immediate CPR from someone nearby can double—even triple—a person's chance of surviving cardiac arrest.

When you take Finn's Mission you will learn this lifesaving skill in under two minutes!

The power to save a life is in your hands.

3.

## BE A LIFESAVER!

Earn "Finn's Lifesavers Award" by completing all 7 challenges in Finn's Mission!

- Donate to Yourself
- Send Messages
- Share on Social
- Edit Your Page
- Hands-Only CPR
- Others Donate
- Warning Signs of Stroke

