

# LET THE GAMES BEGIN!



## AMERICAN HEART CHALLENGE IS COMING!

By participating in the American Heart Challenge, you have the opportunity to raise awareness and funds for congenital heart defects, nutrition security, CPR training, mental well-being and more as we work to end heart disease and stroke.

Along the way you'll meet some of the kids you're helping while learning about mind and body health.



**DOWNLOAD THE AHA SCHOOLS APP  
OR VISIT [HEART.ORG/SCHOOLS](https://heart.org/schools)**

