

# BUILDING A NATION OF LIFESAVERS

The Kids Heart Challenge and American Heart Challenge are service-learning based fundraising programs that give students the opportunity to feel good, while doing good. It's a way for students to better their lives — all while changing someone else's.



Raise funds to help kids with special hearts



**Support** the social, emotional, and physical health of your students, families and staff



**Acquire the lifesaving skill** of Hands-Only CPR

Join schools across the country in building a nation of lifesavers as we work to end heart disease and stroke!

## Learn Hands-Only CPR. Save a Life.

90% of people who suffer an out-of-hospital cardiac arrest don't survive. Immediate Hands-Only CPR can double — even triple — a person's chance of surviving cardiac arrest.

By completing **Finn's Mission** students, staff and families learn the lifesaving skill of **Hands-Only CPR**, creating a legacy of lifesavers.



Call 911 if you see a teen or adult suddenly collapse.



Push hard and fast in the center of the chest.



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### **TEAM UP**

with your American Heart Association partner to raise lifesaving funds and empower students to make healthy choices.

### **KICK OFF**

with your school community, we'll be by your side.

### **SAVE LIVES**

and celebrate the difference you and your students made in your community and beyond!



SIGN UP TODAY!

# READY TO CHANGE AND SAVE LIVES?

### **Benefits include:**



**Educational resources** on topics like teamwork, kindness, anti-vaping, positive thinking, sleep, STEM and physical activity.



**Students** will take on heart healthy challenges, earn volunteer hours, receive thank-you gifts and have the opportunity to apply for scholarships.



**School perks** include the ability to earn grant funding, wellness resources and equipment, direct givebacks and educator professional development.



Staff, students and families will learn how to make healthy lifestyle choices to improve their mental and physical wellbeing.



Creates campus engagement by bringing together your staff and students through a shared vision of building a community of lifesavers by learning Hands-Only CPR.



**Turnkey and flexible program** that can be completed in 2-4 weeks.

**HEART.ORG/GETSTARTED**