

SERVICE+LEARNING = HEALTH FOR ALL



GROWING HEALTHY BODIES, MINDS & SERVANT LEADERS.

The American Heart Association's service-learning programs, Kids Heart Challenge and American Heart Challenge, give students the opportunity to feel good for doing good. By raising funds and awareness to help others, students will make a real difference in the fight against heart disease and stroke. They will also learn how to take care of their own hearts, bodies, and minds.



Educational resources on topics like teamwork, communication, kindness, anti-vaping, positive thinking, sleep, STEAM and physical activity.



School givebacks and incentives like the ability to earn grant funding, certificates for wellness equipment, direct checks and educator professional development.



Benefits to schools include driving civic engagement, the ability to earn grant funding, wellness resources and equipment, direct givebacks and educator professional development.



Staff, students and families will be equipped to make healthy lifestyle choices to improve their mental, emotional and physical well-being.



Creates campus and civic engagement by bringing together your staff and students through a shared vision of building a community of lifesavers by learning Hands-Only CPR.



Turnkey and flexible program that can be completed in 2-4 weeks.



LEARN HANDS-ONLY CPR. SAVE A LIFE.

90% of people who suffer an out-of-hospital cardiac arrest don't survive. Immediate Hands-Only CPR can double — even triple — a person's chance of surviving cardiac arrest.

Students, staff and families learn the lifesaving skill of Hands-Only CPR, creating a community of lifesavers.



LEARN MORE AT [HEART.ORG/GETSTARTED](https://www.heart.org/getstarted)



Sebastian
survivor, 4th grade