

Kansas City Heart & Stroke Walk/5K Run



June 16, 2018

Power & Light | Kansas City

7:00 a.m. Celebration Begins

8:30 a.m. 5K Run/Heart & Stroke Walk



ACTIVITIES

- 1-Mile or 3-Mile Fun Walk
- Timed 5K Run/Prizes
- Kids Activities
- Heart-Healthy Treats

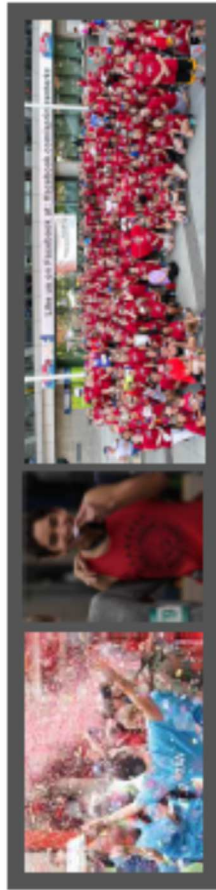
WHY THE HEART & STROKE WALK/5K RUN

- Promote Physical Activity
- Raise Funds to Support Medical Research & Education
- Promote Heart-Healthy Living
- Make a Difference in People's Lives

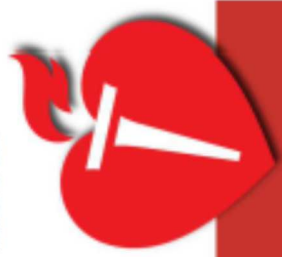


Register to Walk or Run at KCHeartWalk.org

The Heart Walk is the American Heart Association's premier event for raising funds to save lives from this country's No. 1 and No. 5 killers—heart disease and stroke. Designed to promote physical activity and heart-healthy living, the Heart Walk creates an environment that's fun and rewarding for the entire family. In Kansas City more than 8,000 will participate in 2018.



Heart & Stroke Walk/5K Run Sponsored Locally by



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