

HEART MINI DIGITAL EXPERIENCE

MARCH 28, 2021

REGISTER AT HEARTMINI.ORG



American Heart Association.
Heart Mini Marathon & Walk™

Presenting Sponsors



American Heart Association
5211 Madison Road
Cincinnati, OH 45227

IMPORTANT DATES

March 28
Digital Experience Celebration Day
Presented by Kroger Health &
Mercy Health
#MiniMyWay

CONTACT INFORMATION

ALL INFO REQUIRED

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Phone: _____

Employer: _____

Individual Team

Team Name: _____

Team Leader: _____

EMERGENCY CONTACT

ALL INFO REQUIRED

Name: _____

Phone: _____

ADDITIONAL DONTATION

(not required)

I have enclosed \$_____ as a direct
donation to the American Heart
Association.

EVENT

ALL INFO REQUIRED

- St. Elizabeth Healthcare
Heart 1/2 Marathon (\$35)
- Medpace
15K Heart Mini Marathon (\$35)
- 1K Steps for Stroke (\$35)
- Ohio National Financial Services
5K Heart Race (\$35)
- 2K Kids Race (\$20)
- Mercy Health
5K Heart Walk
 - Adult (\$35)
 - Kid (\$20)
12 and under

CATEGORY

ALL INFO REQUIRED

Age _____

(as of March 28, 2021)

- Male
- Female

Red Cap

Heart or Stroke Survivor (e.g.
heart attack, open heart
surgery or angioplasty, etc.)

SHIRT SIZE

Youth

- YS
- YM
- YL

Adults

- S XL
- M XXL
- L XXXL

All participants who's forms are received by
February 26th will receive their race items by event
weekend. Any received after February 26th will still
receive their race items but it will be after March
28th. Price increase: if not postmarked by March
12th, please include an additional \$5 per entry
(does not apply to kid's events).

The Heart Mini Marathon ("Heart Mini") involves movement - walking/jogging/running, all are potentially hazardous activities that may include risks such as, but not limited to, falls, contact with other participants, pulled or torn muscles, tendons or ligaments, shortness of breath, effects of weather, traffic and conditions of the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the Heart Mini and any related activities and services offered at the event in which I voluntarily participate such as health screenings, flu shots, chair massages, warm-up exercises, Zumba, yoga and other similar services.

I understand and agree that: It is my responsibility to dress appropriately. Although route maps, rest stops, refreshments and other assistance may be available during this event, I am solely responsible for my own health and safety. I am physically fit and able to participate in this event and the related activities and services, and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue. I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees (collectively "AHA"), from any and all liability, claims, demands and causes of action whatsoever, arising directly or indirectly out of my participation in this event and related activities and services — whether it results from the negligence of any of the above or from any other cause. I authorize the use, copyright, or publication of my name, image or voice while participating in the Heart Mini and related activities, may be captured by photograph or recording in any medium for any purpose, including illustration, promotion, or advertisement. THIS A TIMED EVENT. UNLESS I TELL AHA OTHERWISE, I UNDERSTAND THAT MY PERSONAL INFORMATION AND MY TIMED RESULTS MAY APPEAR IN CERTAIN PUBLIC PLATFORMS, INCLUDING ONLINE PLATFORMS. I agree that AHA may use and share personal information about me that I give AHA, that I may have given to AHA previously, that AHA collects through its websites, apps, social media sites, devices, as well as the information about me that AHA combines with that collected by others. AHA uses and shares my personal information to fulfill AHA's mission to build healthier lives free from heart disease and stroke, to notify me of donor opportunities and offer me products and services, to provide me with products or services that I request, and to improve AHA's programs and websites. I can learn more about how AHA uses, shares, and protects my personal information by reading the AHA Privacy Policy at http://www.heart.org/HEARTORG/General/Privacy-Policy_UC-M_300371_Article.jsp.

If I am registering a child under the age of 18 or an incapacitated adult I represent and warrant that I am the parent or legal guardian of that party and have the legal authority to enter into this agreement on their behalf and by proceeding with this event registration, I agree that the terms of this Agreement and Waiver apply equally to all Registered Parties. By registering a child under 13, I agree and consent to the collection of that child's information which I provide for the purposes of registration.

This release and indemnification is meant to be as broad and inclusive as permitted by the State or Province in which the event is conducted. If any portion of it is invalid, the balance will continue in full force and effect. I have read, understood, and agree to the terms of this agreement.

Donations are non-refundable.

SIGNATURE

X _____

(Parent signature required if participant
is under 18 years of age.)

Mail this completed form along
with the minimum pledge for the
event in which you are participating.

You can also register at
HEARTMINI.ORG

QUESTIONS? call 513-699.4237
or email MiniNews@heart.org