



Kara Survivor

Before Kara was born, doctors knew that her heart was not developing correctly. She was diagnosed with a heart condition and had to have two open heart surgeries. She takes great care of herself now by staying very active in sports, dance, and the marching band. Sometimes she has to take it a little slower than others, but she is grateful that she is healthy and has no restrictions. Kara wants people to know that the American Heart Association gives kids like her a chance at a great life. Just by participating, anyone can make a big difference!

The Kids Heart Challenge and American Heart Challenge funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.