

Participant HOW TO SEND EMAILS & ECARDS



With your parent/guardian's permission and help, you can spread the word that you're making a difference for heart health. Personalize an email or e-card with a heart-happy message. Here's what you do.

STEP ONE: LOGIN

Student/Coordinator Log In ▾

Go to heart.org/KHC.

Click on the red "Student/Coordinator Log In" button in the upper right corner. Enter your username and password.

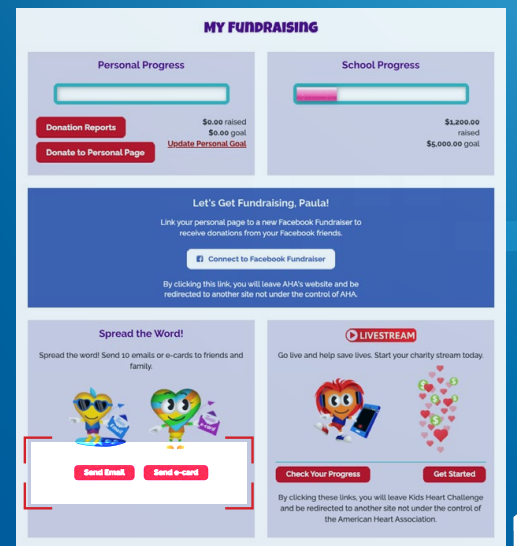
My Headquarters

Then click on the red "My Headquarters" button.

Forgot your username or password? Follow the directions for help.

STEP TWO: SCROLL TO "MY FUNDRAISING"

Click on "Send Email" or "Send e-card."

MY FUNDRAISING

Personal Progress: \$0.00 raised / \$0.00 goal

School Progress: \$1,200.00 raised / \$5,000.00 goal

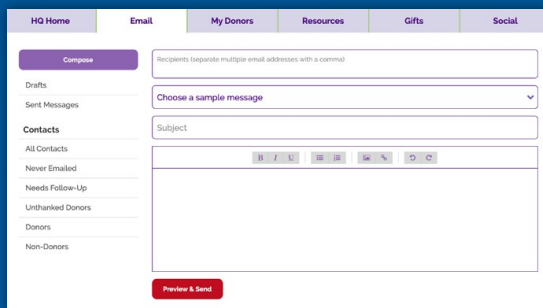
Let's Get Fundraising, Paula!

Spread the Word!

LIVESTREAM

Send Email Send e-card

STEP THREE: SEND AN EMAIL OR ECARD!



HQ Home Email My Donors Resources Gifts Social

Compose

Recipients (separate multiple email addresses with a comma)

Drafts

Sent Messages

Choose a sample message

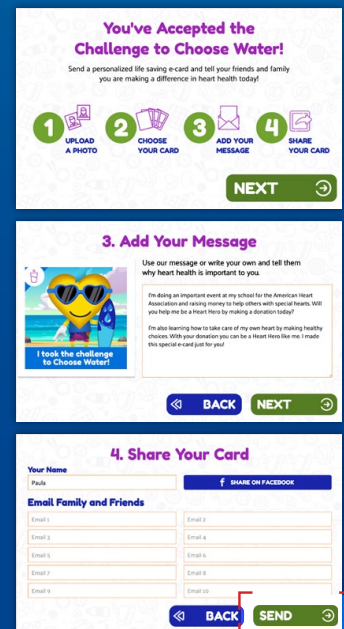
Contacts

Subject

Preview & Send

To send emails, select the "Send Email" button. Enter the email addresses of the people you want to send your message to. Choose from our sample messages or create our own! When you're done, click "Preview and Send". If you like how it looks, click "Send" in the top right corner of the preview page.

To send e-cards select the "Send e-card" button. Upload a personal photo or skip this step to select your challenge. Next you can change the message on the card if you want, or just click "Next" to enter the email addresses of who you want to send it to. Then select "Send"!



You've Accepted the Challenge to Choose Water!

Send a personalized life saving e-card and tell your friends and family you are making a difference in heart health today!

1. UPLOAD A PHOTO
2. CHOOSE YOUR CARD
3. ADD YOUR MESSAGE
4. SHARE YOUR CARD

3. Add Your Message

Use our message or write your own and tell them why heart health is important to you.

4. Share Your Card

Your Name: Paula

SHARE ON FACEBOOK

Email Family and Friends

SEND