



Kora Advocate

Kora tries to eat healthy and exercise every day because her mom suffered from a heart condition. Kora's mom, Shelly, was teaching in her classroom when she had a sudden cardiac arrest. Luckily, the school emergency team performed CPR and had access to AED machines which helped save her life and make a full recovery. Kora wants everyone to support the Kids Heart Challenge/American Heart Challenge because they provide training for CPR and AEDs which can save more lives, just like her mom's.

The Kids Heart Challenge and American Heart Challenge funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.