



American Heart Association.

**KIDS  
HEART  
CHALLENGE™**

**AMERICAN  
HEART  
CHALLENGE™**

# WORD SCRAMBLE

Unscramble these words to discover some healthy foods and activities!

EBALVETGE

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CEMUCBRU

-----

NPTIOER

-----

PINSAHC

-----

MGNRTPEAEOA

-----

RNUIGNN

-----

PNGIMUJ JKASC

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AGRONE

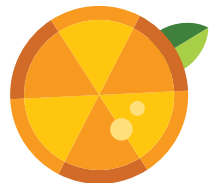
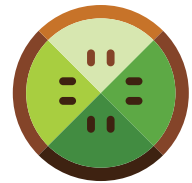
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HSPUSPU

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ELAK

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American Heart Association.

Life's Essential 8™

→ for kids



American Heart Association.

**KIDS** | **AMERICAN**  
**HEART** | **HEART**  
**CHALLENGE**™ | **CHALLENGE**™

# WORD SCRAMBLE

## Answer Key:

EBALVETGE

CEMUCBRU

NPTIOER

PINSAHC

MGNRTPEAEOA

RNUIGNN

PNGIMUJ JKASC

AGRONE

HSPUSPU

ELAK

VEGETABLE

CUCUMBER

PROTEIN

SPINACH

POMEGRANATE

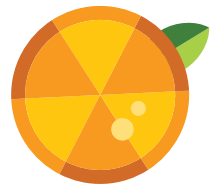
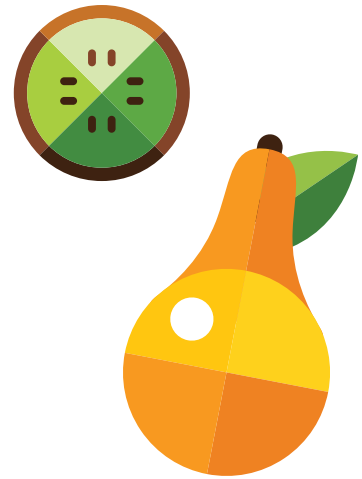
RUNNING

JUMPING JACKS

ORANGE

PUSHUPS

KALE



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