What is High Blood Pressure?

Blood pressure is the force of blood pushing against blood vessel walls. It’s measured in millimeters of mercury (mm Hg). High blood pressure (HBP) means the pressure in your arteries is higher than it should be.

Another name for high blood pressure is hypertension.

HBP is a condition that makes the heart work harder than normal. And left untreated, it scars and damages your arteries and can lead to heart failure, eye damage, heart failure, and fatty buildups in the arteries, called atherosclerosis.

Use each of these words or term once:

- HIGH
- Atherosclerosis
- Untreated
- Blood Pressure
- Hypertension
- Force
- Damages
- HBP
- Blood vessels
- Millimeters
- Pressure
- Failure
- Mercury
- Arteries
- Higher
- Condition
- Normal
- Heart attack
- Kidney
- Buildups
- High blood pressure
- Heart
- Pushing
BLOOD PRESSURE is the FORCE of blood PUSHING against BLOOD VESSEL walls. It’s measured in MILLIMETERS of MERCURY (mm Hg). HIGH blood pressure ( HBP ) means the PRESSURE in your ARTERIES is HIGHER than it should be. Another name for HIGH BLOOD PRESSURE is HYPERTENSION .

HBP is a CONDITION that makes the HEART work harder than NORMAL . And left UNTREATED , it scars and DAMAGES your arteries and can lead to HEART ATTACK , stroke, KIDNEY failure, eye damage, heart FAILURE and fatty BUILDUPS in the arteries, called ATHEROSCLEROSIS .