



American Heart Association.

KIDS | **AMERICAN**
HEART | **HEART**
CHALLENGE™ | **CHALLENGE™**

WORD SCRAMBLE

Unscramble these words to discover some healthy foods and activities!

EBALVETGE

CEMUCBRU

NPTIOER

PINSAHC

MGNRTPEAEOA

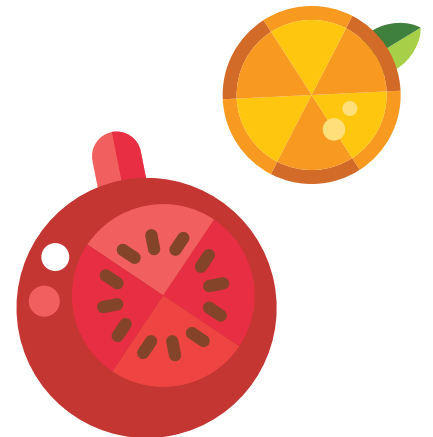
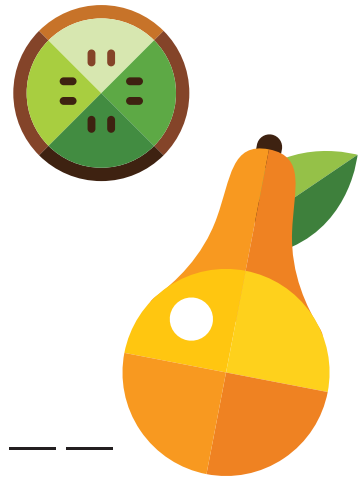
RNUIGNN

PNGIMUJ JKASC

AGRONE

HSPUSPU

ELAK



American Heart Association.

Life's Essential 8™

→ for kids



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KIDS | **AMERICAN**
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WORD SCRAMBLE

Answer Key:

EBALVETGE

CEMUCBRU

NPTIOER

PINSAHC

MGNRTPEAEOA

RNUIGNN

PNGIMUJ JKASC

AGRONE

HSPUSPU

ELAK

VEGETABLE

CUCUMBER

PROTEIN

SPINACH

POMEGRANATE

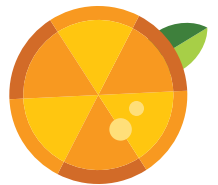
RUNNING

JUMPING JACKS

ORANGE

PUSHUPS

KALE



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