



American Heart Association®

Lawyers Have Heart™

Join us at the inaugural

Lawyers Have Heart Digital Kick-Off Event

April 27th • 11am ET • Zoom Webinar

Visit LawyersHaveHeartDC.org for more information

FREE CLE CREDITS PENDING

Register Now!

Featured Speakers:



Laurie Besden

Executive Director

Lawyers Concerned for Lawyers of Pennsylvania

Join us on April 27th for an important conversation regarding lawyers and mental health. Lawyers are 3.6 times as likely to be depressed and significantly more likely to suffer from substance abuse disorder than the general population. Depression is associated with chronic conditions that are risk factors for heart disease and stroke. Spend time with a leading expert on strategies to cope with depression and learn how you too can not only lead a healthy life, but focus on having a healthy mind!



Soula Antoniou

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