



Micah

Survivor

Micah was diagnosed with a rare heart condition as a newborn. At seven months old, she had heart surgery that left her feeling much better. Micah enjoys gymnastics, swimming, and skating. Her family is grateful that she has no restrictions and can enjoy life. Micah wants people to know how important it is to eat healthily, exercise, and to never be afraid to tell someone if you are hurting.

The Kids Heart Challenge and American Heart Challenge funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.