



American Heart Association.
Heart Walk.

#PutnamHeartWalk

and cross the finish line strong!

While we won't physically see you on Sunday, April 26th, we want to see and hear your passion virtually! Every hour we are hearing new and innovative ways our community is MOVING and CREATING A CULTURE OF HEALTH during these uncertain times. We THANK YOU for keeping our mission alive and look forward to celebrating virtually TOGETHER!

Here are some ways YOU can #PutnamHeartWalk, Where You Are:



Walk in your neighborhood, using social distancing, and share to social media using the hashtag: #PutnamHeartWalk and to our [Putnam Heart Walk Facebook Event Page](#).



Rally with your community by following Putnam Heart Walk on [Facebook](#) & [Instagram](#) (@AHANewYork) and [Twitter](#) (HVHeartAssoc) pages.



CRO\$\$ the finish line strong by rallying your team to use tools in the mobile app and website, asking others to participate and donate to the American Heart Association!

The moment you donate to the Putnam Heart Walk, you are contributing to, witnessing, and progressing life-saving science. We can't save lives without help. Make a contribution and see your dollars at work.

We're cheering you on!

It takes a community to bring about change. Let's be that community....Together!

Locally Sponsored By:



Dr. Patrick and Mrs.
Johanna Thomas

