

American Heart Association。 Middle Tennessee Heart Gala[™]

51st ANNUAL HEART GALA

Spring INTO A NEW Century

A Memorable Evening

6:00pm Summit Foyer - 4th floor Social Reception and Silent Auction Silent Auction will close at 7:50pm

> 7:00pm Summit Ballroom - 4th floor **Dinner & Program** Live Auction & Open Your Heart

9:00pm - 11:00pm Summit Ballroom - 4th floor Late Party Dancing with The Music City Sound

9:00pm Summit Foyer - 4th floor Auction Check Out Open

FROM NASHVILLE

Good evening neighbors!

The Middle Tennessee Heart Gala marks a moment in time to reflect, honor and celebrate the progress made through discovery of groundbreaking research, advancements in health equity, local, state and federal advocacy efforts and equipping communities with lifesaving knowledge.

As we spring into our second century, we celebrate the advancements that have transformed heart health while embracing a future filled with hope, innovation and relentless dedication.

Thank you for the incredible impact you've made on the health of our community.

We continue to have one of the most impactful years to date. Locally we've reached more than one million people across Middle Tennessee through sustainable policy and system changes. Together we placed 20 new blood pressure check stations throughout the community, passed local smoke-free polices, implemented emergency response and Hands-Only CPR protocols, addressed nutrition insecurity through heart healthy food clinics, funded over \$4 million in local research and so much more.

Our mission is far from over. After over a century of driving life-saving innovations, we're ready to tackle the next big health challenges.

From the ballroom to bringing innovative research to life, from the dance floor to driving equitable health for all, everything we do is made possible by those who support the Middle Tennessee Heart Gala.

Tonight we celebrate all we have accomplished and set the bar even higher for 2025.

Cheers!

Annie Thornhill Executive Director American Heart Association, Nashville



FROM THE HEART

Dear Friend of Heart,

With profound gratitude and heartfelt thanks, welcome to the 2025 Middle TN Heart Gala. Tonight, we come together to celebrate a remarkable year of hard work while reflecting, honoring and celebrating the progress made through the determination, dedication and passion of all who support our mission.

This event holds deep significance, as the American Heart Association has been at the forefront of the fight for longer, healthier lives for over 100 years. Alongside you, our cherished family of volunteers, donors, and advocates, we have driven breakthroughs in science, policy, and care. Together, we continue to advance health and transform lives every day.

Tonight, we celebrate our shared dedication to saving and improving lives within this community over the past year. I extend my deepest thanks to you for your presence and for your steadfast, generous support of our community. Congratulations on a remarkable year. With anticipation, I look forward to countless achievements as we enter our second century of transformative impact.

Enjoy the celebration!

Gratefully yours,

Jeremy Beauchamp Executive Vice President American Heart Association, Southeast



FROM THE CHAIRPERSON

Hello and welcome to the 51st Annual Middle Tennessee Heart Gala! It is my honor to serve as Chair for this year's event, and I am thrilled to join you in celebrating over a century of lifesaving work in our community.

For 51 years, the Middle Tennessee Heart Gala has been a cornerstone in uniting passionate individuals and organizations to advance the mission of the American Heart Association. Together, we've worked tirelessly to create a world where heart health is equitable for all.

Heart disease and stroke remain the leading causes of death across our communities, and the need for advancing hope and health has never been greater. Thanks to the unwavering commitment of supporters like you, the American Heart Association continues to drive groundbreaking research, transformative education, and critical policy change to save lives - reaching over 1 million people in Middle TN in 2024 alone!

Tonight, we gather not only to celebrate tis impactful work but also to inspire continued progress. Your generosity and dedication make all the difference as we strive to raise \$1.7M this year. Each dollar raised, each story shared,

and each connection made brings us closer to a healthier future for Middle Tennessee and beyond.

On behalf of the American Heart Association, HCA TriStar and my family, thank you for being here and being part of this critical mission I am so grateful for your support and inspired by the hope and change we are creating together.

Enjoy this special evening and know that you are making an impact that will continue through generations.

With heartfelt gratitude, **Mitch Edgeworth** President - HCA Healthcare TriStar Division 2025 Middle Tennessee Heart Gala Chair



2025 HEART GALA SURVIVOR



The Marshall Family

2025 MIDDLE TENNESSEE HEART GALA EXECUTIVE LEADERSHIP TEAM

Heart Gala Chairperson

Mitch Edgeworth HCA Healthcare TriStar Division

Auction Chair

Pattie Imperial, CWA Assest

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Leaders of Impact Chair

Emily Shirden, Jarrad Inc.,

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Trip DeMoss, HCA/TriStar Leslie DeMoss, Artemis by Nomi Health

Missy Acosta, Delta Dental of Tennessee Matt Boles, Willis Towers Watson Matthew Griffith, Barge Design William Haugh, LifePoint Health, 2026 Gala Chair Trip Hereford, Hereford Dooley Architects Kolin Holladay, Polsinelli, 2027 Gala Chair Josh Hopson, TeamHealth Keri McInnis, Pinnacle Financial Partners RJ Meacham, Curb Records Chad Milom, LBMC Mike Musick, BDO Wright Pinson, MD, VUMC Aashish Shah, MD, Monogram Health Brian Shunk, De Angelis Diamond Marc Sternagel, Grand Hyatt Brian Wilcox, JR. MD, Ascension Saint Thomas Amy Yazbeck, HealthTrust

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Angel Bonilla | Elizabeth Geny | Kaleb England | Aaron Jordan Mackenzie Millet | Brittny Reynolds | Patrick Scaglione Alexander Schmid | Reece Tucker | Meghan Williams

MIDDLE TENNESSEE AMERICAN HEART ASSOCIATION STAFF

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William T. Coakley Award

The William T. Coakley Award honors the legacy of Bill Coakley, inspiring volunteerism, selfless giving, and creating lasting impact throughout Middle Tennessee. It is awarded to those embody the American Heart Association's mission to be a relentless force for a world of longer, healthier lives.

Coakley's quiet acts of generosity and steadfast commitment to others left a lasting impact on his community. Deeply inspired by personal experience, he devoted himself to the mission of the American Heart Association.

As a family man, his selfless actions continue to inspire others to follow in his footsteps. His wife Kim and his family have carried forward his legacy and remained champions for the mission.

This award not only honors his remarkable legacy but those who carry it forward.





Past Award Recipients

- 2014 Marion Pickering Couch
- 2015 The Honorable & Mrs. Winfield Dunn
- 2016 Holly Love Walsh
- 2017 Judy M. Foster
- 2018 Sharalena & Dick Miller

- 2019 Becky & Dick Cowart
- 2020 Laurie & Jim Seabury
- 2022 Sheila Shields & the late Nelson Shields
- 2023 Dr. Katherine Y. Brown
- 2024 Dr. C. Wright Pinson

William T. Coakley Award Recipients

For decades, Dr. Herman Williams and Jeannie Williams have been tireless advocates for the American Heart Association, demonstrating a relentless commitment to its mission. In 2019, they co-chaired the Heart Gala, rallying support and raising hundreds of thousands of dollars to fuel critical research and programs. As President of the Greater Nashville board of directors, Dr. Williams championed initiatives to address public health challenges and advocated for meaningful policy and systems changes.

Now serving as an inaugural Cor Vitae Ambassadors, they are helping to redefine what it means to engage with the Association at the highest levels, building stronger connections and inspiring others to make a difference.



Dr. Herman Williams & Jeannie Williams

The Williams steadfast dedication, deep personal connection to the mission and ability to motivate others exemplify the values celebrated by the William T. Coakley Award. Their history of service, built on compassion and purpose, inspires others to follow in their footsteps and carry forward the mission.



LEADERS OF IMPACT



Joeline Bowers Grand Hyatt



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Taylor Sawyer HCA/TriStar Hendersonville Medical Center



Charlie Toney Lifepoint Health

LEADERS OF IMPACT

Congratulations Charlie Toney 2024-2025 Leaders of Impact Winner

"The American Heart Association has been advancing health equity and heart health for more than a century. I'm just grateful to have the opportunity to help shine a light on all of the amazing work they do and continue to do," said Toney. "I want to express my deepest gratitude to everyone who supported this campaign. Your contribution is making a tremendous difference in our mission to fight heart disease and stroke in middle Tennessee."

Over the course of seven weeks, Toney participated in a fundraising competition alongside five other Middle Tennessee professionals. Toney was named the 2024 Leaders of Impact winner after raising the most funds for the American Heart Association mission.



Thank you to our past Heart Gala Leadership!

2024 – Ken Marlow and Gregory Maczko 2023 - Tim and Judy Fabling Wallace 2022 - Kathy and Victor Giovanetti 2020 - Lisa and Michael Wiechart 2019 - Jeannie and Herman Williams, M.D. 2018 - Belinda and Philip McSween & Lisa and Michael Wiechart 2017 - Susan and Chris Holmes 2016 - Ashley and David Dill 2015 - Beth and Paul Frankenberg 2014 - Sharalena and Dick Miller & Sheila and Nelson Shields 2013 - Angela Humphreys and Joe Cashia 2012 - Marjorie Feltus and David Hawkins & Erin and Kent Simpkins 2011 - Michelle and Jim Schmitz 2010 - Mr. and Mrs. James C. Seabury, III & Mr. and Mrs. **Daniel Slipkovich** 2009 - Deby and Keith Pitts & Marcy and Brian Callahan 2008 - Wendy Holcomb Burch 2007 - Mrs. Robinson Regen and Mr. Doug Regen 2006 - Mrs. Holly Diller and Mr. Jack Diller 2005 - Ms. Renée Chevalier and Mrs. Rose Miller Grindstaff 2004 - Mrs. Mary K. Barton and Dr. Wendy Baker 2003 - Mrs. Robert J. Looney and Mrs. Kevin C. Nelson 2002 - Mrs. Rick Horne and Mrs. Robert Bond Miller 2001 - Mrs. William H. Edwards, Jr. and Mrs. Billy Ray Hearn 2000 - Wanda Neal Hooper and Mark Lee Taylor 1999 - Mrs. B. Lance Gish and Mrs. Phillip A. Warren 1998 - Mrs. Joseph B. DeLozier III and Mrs. Michael T. Sandwith

1997 - Ms. Vicki Dimond and Mr. Michael J. Dimond 1996 - Mrs. F. Tom Foster and Mrs. James R. Gordon 1995 - Mrs. C. Bryan Hoskins and Mrs. Philip M. Martin 1994 - Mrs. Douglas G. Bradbury III and Mrs. Tony E. Brown 1993 - Ms. Linda Guthrie and Mrs. R. Donald Robinson

1992 - Mr. and Mrs. Drew S. Barkley

1991 - Ms. Vicki Stout and Mrs. Edward K. Wissing

1990 - Ms. Melinda Howser and Mrs. Carmichael Fels

1989 - Mrs. William H. Frist and Mrs. Thomas W. Molteni

1988 - Mrs. Michael W. Barton and Mrs. Timothy P. Schoettle

1987 - Mrs. Harry W. Moodie and Mrs. Stephen W. Sanders

1986 - Ms. Lenore Storey and Mrs. Hooker Buchtel 1985 - Mrs. Mack S. Linebaugh, Jr. and Ms. Ann W. Thomason

1984 - Mrs. James P. Wilson and Mrs. Neil E. Green 1983 - Mrs. John F. Sorey III and Mrs. James O. Hastings, Jr.

1982 - Mrs. Shade Murray, Jr. and Mrs. Taylor M. Wray 1981 - Mrs. Marbut Glenn Gaston, Jr. and Mrs. John R. Beesley III

1980 - Mrs. Robert A. Frist and Mrs. Thurman Dee Baker, Jr.

1979 - Mrs. Winfield C. Dunn and Mrs. Alfred Adams, Jr. 1978 - Mrs. Robert H. Tosh and Mrs. John P. Hooton, Jr. 1977 - Mrs. Robert A. Mathews and Mrs. G. Edward Thornton

1976 - Mrs. Stanley Bernard and Mrs. James L. Winfree 1975 - Ms. Jane Layton Sadler and Mrs. Marion Pickering Couch

1974 - Ms. Jane Layton Sadler and Mrs. Frederich Hinton



Middle Tennessee Board of Directors

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MIDDLE TENNESSEE PULSE BOARD

The PULSE Board is a dynamic group of approximately 30 young professionals from diverse industries dedicated to making an impact in our community. Members enjoy unique leadership opportunities, networking, and the chance to contribute to meaningful initiatives. The board meets quarterly in person and virtually 3-4 times a year to collaborate on events and projects.



Interested in learning more about our PULSE Board and how to get involved? Simply scan the QR code and join us in making an impact!

COR VITAE

The Cor Vitae Society – Latin for heart of life – is the annual philanthropic giving society of the American Heart Association. The Cor Vitae Society celebrates individuals making a lifesaving impact in communities across the country.

An exceptional community of individuals, Cor Vitae Society members are united by a determination to ease the burden of cardiovascular diseases and stroke. Our goal is to nationally and locally provide meaningful experiences to recognize and engage such distinguished and generous support.



President's Circle

William T. Coakley Foundation

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Hannah Ellis

Curb Records recording artist and country music singer/songwriter Hannah Ellis' journey — and world — is one all can feel at home in. The Campbellsville, Kentuckynative's voice — a mix of favorite flannel, sparkling pink wine and welcome — is the friend we always wanted. Whether pouring from a car radio or your phone, the act named to Rolling Stone Country's "Artist To Watch" list reminds you big leaps often come as a series of small steps when no one is looking. Having paid for her University of Kentucky degree with her full-ride scholarship, she — with the full support of her family started chasing her dreams. Like so many, that meant a self-financed EP, and moving to Nashville to begin the endless rounds of writers nights, meetings, making friends, and trying to find your way. Hannah paid her dues, kept her focus and kept moving toward something she was sure she felt and knew was right. The fresh-faced songwriter, who has 45 million career streams, has since written songs recorded by artists, and been featured as a vocalist on songs, spanning multiple genres, including: Russell Dickerson, Carly Pearce, FOR KING + COUNTRY, Emily Weisband, Cassadee Pope, FILMORE, and Sidewalk Prophets. The magnetic artist, who has appeared on the Grand Ole Opry multiple times since making her debut, has toured with Carly Pearce, Billy Currington, Gavin DeGraw, Dwight Yoakam, Devin Dawson, and many others, and has toured as part of the CMT "Next Women of Country" Tour. Ellis was invited back by her college alma mater to be featured in a national television advertising campaign about pursuing and achieving your dreams. Hannah is one of the "CMT LISTEN UP" artists to watch for 2023. Earlier this year, Hannah released her debut album, That Girl, which contains notable singles such as "Wine Country," "Too Much and Not Enough," "Country Can," "Home and a Hometown," and more. Recently, Hannah dropped two brand new singles, "Once" and "90s Country," with more new music on the way. You can listen to Hannah's music on all streaming platforms.





We look forward to seeing you next year!

2026 Middle Tennessee Heart Gala



2026 Heart Gala Chair William Haugh

Lifepoint Health, President Central Division

To learn more about what's in store for the 2026 Heart Gala, reach out to lauren.rinehart@heart.org.

JOIN THE GO RED FOR WOMEN MOVEMENT

Cardiovascular disease is the leading cause of death among women. Reducing disparities is an integral part of the American Heart Association's commitment to advancing cardiovascular health for all.

SAVE THE DATE! Go Red for Women Luncheon April 15, 2025 Schermerhorn Symphony Center



Join the movement by reaching out to jordan.roach@heart.org

American Heart Association.





2025 GREATER NASHVILLE

FALL 2025

ARTWALK

WHY WE WALK

Having a company walk team can

- Create Company Culture
- Support Employee Health
- Increase Philanthropic Engagement

I WALK TO SAVE LIVES

Join the movement and register your walk team by reaching out to caleb.bone@heart.org.



NashvilleHeartWalk.org



DRIVING COMMUNITY IMPACT

As an organization, our community impact priorities are delivered in various ways. Although here at the local level we have a greater focus on nutrition security, our organizational priorities expand to many other categories with equity always at the center of our work, guiding all that we do.



2028 IMPACT GOAL

Building on over 100 years of trusted leadership in cardiovascular and brain health, by 2028 the AHA will drive breakthroughs and implement proven solutions in science, policy and care for healthier people and communities. The greatest discoveries in health must reach people where they are.

TriStar 3 Health

In every heart beats a story of triumph.

The story of a heart survivor is one of courage and strength, the will to survive and the tremendous capacity for hope. We honor our tens of thousands of heart survivors who are now living healthier lives.



We are proud to support the American Heart Association.



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Polsinelli proudly supports the **American Heart Association** because we believe action creates opportunity.



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A woman's heart is unique. Her heart care should be too.

Vanderbilt Women's Heart Center is proud to support the American Heart Association in the fight against heart disease in women.



Women's Heart Center



A heart program designed for women

Heart disease is the leading cause of death for women in the United States, affecting women of all ages. But it doesn't always look the same for everyone—heart disease often presents differently in women than men.

Our new Ascension Saint Thomas Heart Women's Program is designed with women in mind. Our female-led team of cardiologists and women's health specialists is dedicated to providing personalized, multidisciplinary care tailored specifically for every woman at every stage of life.

615-284-4HER ascension.org/SaintThomasWomensHeart

"We believe that quality care should not be a luxury; it is a necessity."

> - Nishtha Sareen, MD Medical Director Ascension Saint Thomas Heart Women's Program



Ascension Saint Thomas Heart

Healthy Hearts Today. Healthier Communities Tomorrow.

Lifepoint Health is proud to be a presenting sponsor for tonight's Middle Tennessee Heart Gala and proud to support the American Heart Association, which helps advance our mission of *making communities healthier*[®] by improving the heart health of people across the country.

American Heart Association, thank you for being a relentless force for a world of longer, healthier lives.



www.lifepointhealth.net



Community Healthcare Trust is a proud supporter of the Middle Tennessee Heart Gala by providing in-school water bottles to Middle Tennessee students, blood pressure cuffs to Middle Tennesseans who need to monitor their blood pressure and supporting nutrition security through Healthy For Life, a Lunch & Learn Series in Middle Tennessee.

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Going beyond the build

We're honored to support the American Heart Association in their mission to help families and communities thrive.

We also thank Maggie Coakley Cummings for her unwavering integrity, leadership, and commitment to both the American Heart Association and Brasfield & Gorrie.

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