15 WAYS TO SHOW RESPECT

Showing respect lets others know you care about them and how they feel.

1. Actively listen
2. Be honest
3. Practice patience
4. Be helpful
5. Follow the rules
6. Share encouragement
7. Accept the differences in people
8. Be kind in your words
9. Play nice with others
10. Help someone with a task without being asked
11. Hold the door for someone
12. Invite someone new to play with you and your friends
13. Say “please” and “thank you”
14. Take turns with others on the playground
15. Wait your turn in line

© Copyright 2020 American Heart Association, Inc., a 501(c)(3) not-for-profit. All rights reserved. Unauthorized use prohibited.