



American
Heart
Association.

American Heart Association.



TULSA MARKET

*GO RED FOR
WOMEN
LUNCHEON*

September 12, 2024

DoubleTree by Hilton
616 W 7th St, Tulsa, OK 74127

Go Red For Women is nationally sponsored by





Dear Friends and Supporters,

It is with great pride and heartfelt commitment that I write to you as the Chair of the Go Red for Women Campaign. As many of you know, this initiative is more than just a campaign; it is a movement dedicated to raising awareness about heart disease, the leading cause of death among women, and to supporting the critical research and education needed to combat it.

My personal connection to this mission is profound. I have lost three grandparents and an uncle far too young due to heart-related events. These experiences have deeply influenced my resolve to make a difference. In managing my own higher risk factors through conscious lifestyle choices, I have come to understand the importance of taking proactive steps for heart health. Being a part of an organization focused on women's health and working towards eliminating health disparities is incredibly meaningful to me. Together, we are building a culture of health that benefits all our communities.

Thank you for standing with us, for your generosity, and for your belief in our shared mission. Together, we are making a difference.

With my deepest gratitude,

Tara Mundell

WELCOME TO GO RED FOR WOMEN

SHAE ROZZI



**INVESTIGATIVE JOURNALIST
AND OUR GO RED FOR WOMEN EMCEE**

FOX23



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SPECIAL THANKS TO OUR

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GO RED FOR WOMEN IS NATIONALLY SPONSORED BY



THANK YOU TO OUR SECOND CENTURY SUPPORTERS



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ABOUT GO RED FOR WOMEN

Go Red for Women® is the American Heart Association's movement to end heart disease and stroke in women all over the world. We advocate for more research and swifter action for women's heart health. Your support and involvement are key to our mission. By sharing knowledge, we can inspire each other to become more heart-healthy.

For 20 years, the American Heart Association has fought for equal health opportunities for women—in research, diagnosis and treatment. Go Red for Women volunteers and supporters have proudly worn red, shared our stories of survival, and elevated awareness of heart disease as the No. 1 killer of women.

It's no longer just about wearing red. It's no longer just about sharing facts. It's time for all women to stand together and be demanding when it comes to women's heart health. Up to 80 percent of cardiac events can be prevented, and together we can save the lives of the mothers, sisters and friends we love.

WELCOME TO GO RED FOR WOMEN

FEATURED SURVIVOR

RANAE GOLEMAN





Circle of Red®

CIRCLE OF RED MEMBERS



Tara
Mundell



Amanda
Martin



Brandon
Scott



Darren
Mundell



Dr. Heather
Cha



John
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Kala
Sharp



Kim
Owens



Lori
Pumphrey



Louise
Short



Lynn
Flinn



Melissa
Gilliland



Michael
Elder



Natalie
Haggard



Peggy
Elder

CIRCLE OF RED MEMBERS



Sally
Wales



Stacey
Curtis



Teri
Aulph



Theresa
Scott



Tracey
Eastin



Vicky
Benedict



Dr. Lynsey
Bigheart



Hilary
Penrod



Jennifer
Smith



Jeannie
Murphy



Jody
Davis

Not Pictured:

Becky Such
Dan Simoni
Jamie Wilson
John Porter
Megan Chinowth
Paula Marshall
Tenille Brown
Tina Parkhill

CIRCLE OF RED EVENTS





**American
Stroke
Association.**

*A division of the
American Heart Association.*

KNOW THE WARNING SIGNS OF STROKE

On average in 2020, someone died of stroke every
3 minutes 17 seconds in the United States.



F

Face
Drooping

A

Arm
Weakness

S

Speech
Difficulty

T

Time to
Call 9-1-1

LEARN MORE AT WWW.STROKE.ORG

OUR SECOND CENTURY VISION

ADVANCING HEALTH
AND HOPE FOR
EVERYONE,
EVERYWHERE





Our mission is to be a
relentless force for a world of
longer, healthier lives.