

SW Riverside County Heart & Stroke Walk

Frequently Asked Questions

Participant Shirts:

When participants raise \$100+ they will start earning reward points in the AHA Reward Center. These points can be redeemed for a Heart Walk shirt or saved for an even bigger reward. All will be shipped directly to you.

VIP Perks:

Top Walkers and Coaches, please be sure to check in at the VIP tent for distinguished VIP credentials and more!

Survivor Participants:

Adult survivors, please visit the survivor booth located next to the VIP area and receive your survivor cap. Youth survivors will receive a Heart Hero cape.

What to Wear:

Participants should wear comfortable walking shoes. Check the local forecast before the event and plan accordingly. Please remember your sunscreen. Costumes and creativity are encouraged!

Pets:

Dogs on leashes are welcome at the Heart & Stroke Walk. Please help us keep the venue clean and responsibly pick up after your pet.

Strollers and Wheelchairs:

The Heart & Stroke Walk is an event for the whole family so strollers and wheelchairs are welcome. Please note the terrain is dirt and gravel and the ground may be at times uneven.

Bikes/Scooters/Skateboards:

For safety reasons, please leave bikes, unicycles, pogo sticks, roller skates, scooters, hover boards, and skateboards at home.

Donations/Money Turn-in:

If you have donations to turn in, bring them with you to the event! You can drop them off at the Money/Donation tent next to the Kids' Zone.