



American Heart Association.

**KIDS
HEART
CHALLENGE™** | **AMERICAN
HEART
CHALLENGE™**



HEART HERO

Sydney

Survivor, 5th Grade

Sydney is a stroke survivor who had an unexplained stroke a week before her fourth birthday. Her amazing team of doctors and nurses provided physical therapy to help her walk and talk again. Sydney later found out that she was born with a hole in her heart's septum called an atrial septal defect. Sydney is still getting stronger every day, but she feels much better and loves hiking and playing Roblox. Sydney is participating in the Kids Heart Challenge because she wants people to know how important it is to stay active and to raise stroke awareness.

THE **KIDS HEART CHALLENGE** AND **AMERICAN HEART CHALLENGE** FUNDS RESEARCH THAT HELPS KIDS, LIKE **SYDNEY**, HAVE LONGER AND STRONGER LIVES. YOUR SUPPORT HELPS FAMILIES HAVE HOPE AND FOR THAT THEY ARE SO GRATEFUL.

TOGETHER, WE ARE CREATING A WORLD OF LONGER, HEALTHIER LIVES.