

All of us who are part of the Virtual Dutchess-Ulster Heart Walk are so grateful to the doctors, nurses, and all essential workers working during this crisis. Please take some time to color a picture and post it on social media to thank all of them.

Be sure to tag #HVHeartWalk on your post. On Facebook and Instagram, tag @AHANewYork; on Twitter, @HVHeartAssoc!

Get all the info you need on our event page,
<https://www.facebook.com/events/1440917726071434/>.

Here is an example:



Choose a picture and start coloring!





American Heart Association.
Heart Walk.



**THANK
YOU!**



American Heart Association.
Heart Walk.