



American
Heart
Association.

BRAIN BOOSTER TRACKER



<p>ZAP that Salt!</p> <input type="checkbox"/>	<p>Eat the Rainbow</p> <input type="checkbox"/>	<p>Got to Move</p> <input type="checkbox"/>	<p>Make a move for Kindness</p> <input type="checkbox"/>
<p>Here to Help</p> <input type="checkbox"/>	<p>Just Say NO!</p> <input type="checkbox"/>	<p>Up, Down, Stop, Go</p> <input type="checkbox"/>	<p>Do a Speedy Switch</p> <input type="checkbox"/>
<p>Cat and Mouse</p> <input type="checkbox"/>	<p>Ride the Wave</p> <input type="checkbox"/>	<p>Sound the Alarm</p> <input type="checkbox"/>	<p>Mix it Up</p> <input type="checkbox"/>
<p>Gettin' Silly</p> <input type="checkbox"/>	<p>Harvest Time!</p> <input type="checkbox"/>	<p>Hoola Hoop Hoopla</p> <input type="checkbox"/>	<p>Shake it Out</p> <input type="checkbox"/>
<p>Pass it On</p> <input type="checkbox"/>	<p>Heart Tune Up</p> <input type="checkbox"/>	<p>The Beat Goes On</p> <input type="checkbox"/>	<p>Fitness Jam</p> <input type="checkbox"/>